Rye Noon

級數: Improver

編舞者: Max Beck

拍數: 40

音樂: Western Rye - The Ryes

Slow intro 26 seconds, start dance 16 counts after that

RIGHT & LEFT GRAPEVINE WITH SCUFFS

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, scuff left beside right
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, scuff right beside left

RIGHT GRAPEVINE ½ TURN CHASSE LEFT ROCK STEP

- 9-10 Step right to right side, cross left behind right
- 11-12 Step right to right making 1/2 turn right, scuff left foot beside right
- 13&14 Step left to left side, close right beside left, step left to left side
- 15-16 Rock back onto right, rock forward onto left

RIGHT GRAPEVINE ½ TURN CHASSE LEFT ROCK STEP

17-24 Repeat steps 9-16 as above

KICK, KICK, TRIPLE STEP LEADING RIGHT & LEFT

- 25-26 Kick right forward twice
- 27&28 Triple step in place right, left, right
- 29-30 Kick left forward twice
- 31&32 Triple step in place left, right, left

SHUFFLES FORWARD ½ TURN, STOMPS

- Step forward right, close left beside right, step forward right 33&34
- 35&36 Step forward left, close right beside left, step forward left
- 37-38 Step forward right, pivot 1/2 turn left
- 39-40 Stomp right forward, stomp left beside right

REPEAT

For that extra flare you can add hand movements on the following counts:

- 1 Slap both hands on hips moving hands front to back
- 2 Slap both hands on hips moving hands back to front
- 3 Clap hands together in front
- 4 Click fingers on both hands





牆數:2