Ryno #10

拍數: 52

級數: Intermediate

編舞者: Ryan Backes (USA)

音樂: Sawdust on Her Halo - Tracy Lawrence

SWING STEPS

- 1-4 Shuffle step to the left, rock back on right, forward to left
- 5-8 Shuffle step to the right, rock back on left, forward to right

HOP STEPS

&1 Jump diagonal forward and to the left 11:00 2 Hold &3 Jump diagonal forward and to the right 1:00 4 Hold &5 Jump diagonal forward and to the left 11:00 6 Hold &7 Jump back 8& Jump back

BACK AND HEEL STEP

- &1 Jump back on right foot and left heel forward
- &2 Jump both feet home
- &3 Jump back on left foot and put right heel forward
- &4 Jump both feet home

WASH MACHINE FORWARD

- 1 Swivel right hips forward
- 2 Swivel left hips forward
- 3 Swivel right hips forward
- 4 Swivel left hips forward

STOMPS

- 1-4 Stomp right foot 4 times
- Step diagonal back on right, stomp left next to right 5-6
- 7-8 Step diagonal back on left, stomp right foot next to left

VINES

- Right vine with a scuff swing on 4 1-4
- 5-8 Left vine with a scuff swing on 8

SWING STEPS AND SHUFFLE STEPS

- 1-4 Shuffle step to right, back rock on left, forward to right
- 5&6 Left shuffle diagonal forward 11:00
- 7-8 Pivot 1/2 turn to the right, rock back on right, rock forward to left foot 5:00

SHUFFLE STEP

- Shuffle forward on right 5:00 1&2
- 3-4 Step forward on left and turn 3/8 to the right and step to right 9:00

REPEAT





牆數:4