The Saddle Slap



拍數: 40 牆數: 0 級數:

編舞者: Barry Amato (USA)

音樂: A Little Less Talk and a Lot More Action - Toby Keith



1	Touch left heel out to the side
&	Bring left foot back in place next to the right
2	Touch right heel out to the side
&	Bring right foot back in place next to the left
3	Touch left heel forward
&	Bring left foot back in place next to the right
4	Touch right toe straight back
5	Touch right heel out to the side
&	Bring right foot back in place next to the left
6	Touch left heel out to the side
&	Bring left foot back in place next to the right
7	Touch right heel out in front
&	Bring right foot back in place next to the left

Touch left toe straight back

GRAPEVINE TRAVELING FORWARD

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Take two small steps on the next two sets				
1	Step out on the left foot			
2	Slide the right foot behind the left foot			
3	Step out on the left foot again			
4	Stomp the right foot in place (place your weight on the right)			
5	Step out on the left foot			
6	Slide the right foot behind the left foot			
7	Step forward on the left foot			
&	Hop forward on the right foot			
8	Hop forward on the right foot again			

CONTINUING TO TRAVEL FORWARD				
Keep taking sr	nall steps			
1	Step forward on the left foot			
2	Slide forward on the left foot while lifting right foot out in front			
3	Step forward on the right foot			
4	Slide forward on the right foot while lifting left foot out in front			
5	Rock back on the left foot with right foot straight in front on the heel			
6	Rock forward switching weight to the right foot			
7&8	You will do a 1 $\frac{1}{2}$ turn toward the left, while doing a 3-step turn (stepping left-right-left) and end up facing the opposite wall			
1	Step forward on the right foot (taking small steps)			
2	Slide forward on the right foot while lifting left foot out in front			
3	Rock back on the left foot with right foot straight in front on heel			
4	Rock forward switching weight to the right foot			
5&6	This time you will do a 1 $\frac{1}{4}$ turn to the left (stepping left-right-left). You will end up facing $\frac{1}{4}$ turn toward the left from your last position			
7	Slap the right foot over the left foot on the floor			
8	Slap the right foot out to the right side (on the floor)			

I raveling right step out on the right side while slapping your hands across your legs toward
the outside
Bring the left foot together with The right
Step out on the right again while slapping across your legs toward the inside
While turning $\frac{1}{2}$ turn on the ball of the right foot step out on the left foot (slapping your legs toward the outside again).
Bring the right foot together with The left
Step out on the left foot again while slapping hands across your legs toward the outside
Turning toward the right (you will end up making a full turn) step on the right
Continue to turn while hitting your left toe on the floor
Continue to turn step on the left foot
Continue to turn while hitting your right toe on the floor
Step on the right foot (this completes your full turn)
Hop forward on both feet

REPEAT