

Saddle Sore (P)

拍數: 40 牆數: 0 級數: Partner
編舞者: Ellie Meerman (USA) & Floyd Meerman (USA)
音樂: A Real Good Way to Wind Up Lonesome - James House



Position: Sweetheart Position. (Side-By-Side). Man and lady follow same footwork for the first 14 beats and the last 10 beats of the pattern. Beats 15 through 30 are mirror image steps for both partners

DIAGONALS & STOMPS

- 1-2 Step forward and diagonally left on left, stomp right next to left (stomp up)
- 3-4 Step back and diagonally right on right, stomp left next to right (stomp up)
- 5-6 Step back and diagonally left on left, stomp right next to left (stomp up)
- 7-8 Step forward and diagonally right on right, stomp left next to right (stomp down)

HEEL CLICKS, HEEL SWIVELS

- 9-10 With feet together raise up on balls of feet and click heels on floor twice
- 11-12 Swivel heels to the left, swivel heels back to center
- 13-14 Swivel heels to the right, swivel heels back to center

BACK STEPS, SCOOTs, DOUBLE STOMP

- 15-16 **MAN:** Step back on right, left
 LADY: Step back on left, right
- 17-18 **MAN:** Hitch right knee & scoot backwards on left twice
 LADY: Hitch left knee and scoot backward on right twice
- 19-20 **MAN:** Stomp right next to left twice
 LADY: Stomp left next to right twice

STEP-PIVOT, STOMPS

Hand claps release partners hands

- 21-22 **MAN:** Step forward on right pivot ½ turn left
 LADY: Step forward on left & pivot ½ turn right
- 23-24 **MAN:** Stomp right next to left twice
 LADY: Stomp left next to right twice
- 25-26 BOTH: Clap hands twice
- 27-28 **MAN:** Step forward on right and pivot ½ left
 LADY: Step forward on left & pivot ½ turn right
- 29-30 **MAN:** Stomp in place right, left (stomp up)
 LADY: Stomp in place left, right (stomp down)

Weight is on right for both partners. Resume same footwork - side by side

SCOOTs FORWARD, FORWARD SHUFFLES

- 31-32 Hitch left knee and scoot forward on right twice
- 33&34 Shuffle forward (left-right-left)
- 35&36 Shuffle forward (right-left-right)
- 37&38 Shuffle forward (left-right-left)
- 39&40 Shuffle forward (right-left-right)

REPEAT