# Saddle Sore (P)



拍數: 40 牆數: 0 級數: Partner

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音樂: A Real Good Way to Wind Up Lonesome - James House



Position: Sweetheart Position. (Side-By-Side). Man and lady follow same footwork for the first 14 beats and the last 10 beats of the pattern. Beats 15 through 30 are mirror image steps for both partners

#### **DIAGONALS & STOMPS**

1-2	Step forward and diagonally left on left, stomp right next to left (stomp up)
3-4	Step back and diagonally right on right, stomp left next to right (stomp up)
5-6	Step back and diagonally left on left, stomp right next to left (stomp up)

7-8 Step forward and diagonally right on right, stomp left next to right (stomp down)

# HEEL CLICKS, HEEL SWIVELS

9-10	With feet together raise up on balls of feet and click heels on floor twice

Swivel heels to the left, swivel heels back to center
Swivel heels to the right, swivel heels back to center

## BACK STEPS, SCOOTS, DOUBLE STOMP

15-16	<b>MAN:</b> Step back on right, left

LADY: Step back on left, right

17-18 MAN: Hitch right knee & scoot backwards on left twice

LADY: Hitch left knee and scoot backward on right twice

19-20 **MAN:** Stomp right next to left twice

LADY: Stomp left next to right twice

#### STEP-PIVOT, STOMPS

#### Hand claps release partners hands

21-22	MAN: Step forward on right pivot 1/2 turn left
	LADY: Step forward on left & pivot ½ turn right
23-24	MAN: Stomp right next to left twice

LADY: Stomp left next to left twice

25-26 BOTH: Clap hands twice

27-28 MAN: Step forward on right and pivot ½ left

LADY: Step forward on left & pivot ½ turn right

29-30 **MAN:** Stomp in place right, left (stomp up)

LADY: Stomp in place left, right (stomp down)

Weight is on right for both partners. Resume same footwork - side by side

# SCOOTS FORWARD, FORWARD SHUFFLES

31-32	Hitch left knee and scoot forward on right twice
33&34	Shuffle forward (left-right-left)
35&36	Shuffle forward (right-left-right)
37&38	Shuffle forward (left-right-left)
39&40	Shuffle forward (right-left-right)

## **REPEAT**