

Saddle Up

COPPER KNOB
STEPPERS

拍數: 0 牆數: 2 級數: Intermediate/Advanced
編舞者: Alan Birchall (UK)
音樂: Save a Horse (Ride a Cowboy) - Big & Rich



Sequence: AB, AB, AA, AB & 16 counts
Instead of air guitars, we have air drums. Use them!

PART A

WALK FORWARD, KICK BALL TOUCH, TWIST ½ TURN, ¼ SAILOR TURN, POINT

1-2 Walk forward right, left
3&4 Kick right foot forward, step right by left, touch left toe back (moving slightly backwards)
5 Dipping down slightly twist ½ turn to left (6:00)
6&7 Cross left behind right, step right to right making ¼ turn left, step left in place (3:00)
8 Point right to right

STEP, POINT, ½ TURN, CROSS, SIDE, TOGETHER, POINT, CROSS, BACK, SIDE, CROSS

&9-10 Step right by left, point left to left, make ½ turn left bringing left by right (9:00)
11-12 Cross right over left, step left to left
&13 Step right by left, point left to left
14 Cross left over right
15&16 Step back on right, step left to left, cross left over right

TWIST ¼ TURN, KICK BALL STEP, MAMBO, ½ SHUFFLE TURN

17&18 Twist heel right, left, right, making ¼ turn left (6:00)
19&20 Kick right foot forward, step right by left, step forward on left
21&22 Rock forward on right, recover on left, step back on right foot
23&24 Make ½ shuffle turn left stepping left, right, left

CROSS, BACK, SYNCOPATED WEAVE, ¼ TURN, STEP, ½ PIVOT, STEP

25-26 Cross right over left, step back on left
&27 Step right by left, cross left over right
&28 Step right to right, cross left behind right
29 Making ¼ turn right step forward on right (3:00)
30-31 Step forward on left, ½ pivot right (9:00)
32 Step left by right

PART B

SCUFF, HITCH, STEP TWICE, CHUG FORWARD

1&2 Scuff right by left, hitch right, step right to right
3&4 Scuff left by right, hitch left, step left to left
5-6 Legs should be bowed as if astride a saddle chug forward

Arms out to front as if riding a horse

7-8 Chug forward

Arms out to front as if riding a horse

SAILOR STEP, BEHIND, SIDE, CROSS, PADDLE TURNS WITH HIP BUMPS

9&10 Cross right, behind left, step left to left, step right by left
11&12 Cross left behind right, step right to right, cross right over left

The following hip bumps are to be done with attitude

13& Making 1/8th turn left touch right to side pushing right hip out, bump hip to left
14& Making 1/8th turn left touch right to side pushing right hip out, bump hip to left (6:00)

- 15& Making ¼ turn left touch right to side pushing right hip out, bump hip to left (3:00)
16 Making ¼ turn left touch right to side pushing right hip out (12:00)

HEEL JACK, STEP, CROSS, SHUFFLE, HEEL JACK, HEEL SWITCH, STEP, ½ PIVOT

- &17 Step right to right, cross left over right
&18 Step diagonally back on right, extend left heel to diagonal
&19 Step left by right, cross right over left
&20 Step left to left, cross right over left
&21 Step diagonally back on left, extend right heel forward
&22 Step right by left, touch left heel forward
&23-24 Step left by right, step forward on right, ½ pivot left (6:00)

SCUFF, HITCH, STOMP, HOLD HIP BUMPS, WALK

- 25 Step forward on right
26&27 Scuff, hitch left past right, stomp forward with left
"Save a horse"
28 Hold
29&30 Bump hips left, left, left - with attitude
"Ride a cowboy"
31-32 Step forward on right, step forward on left

SCUFF, HITCH, STOMP. HOLD, HIP BUMPS, WALK

- 33&34 Scuff, hitch right past left, stomp forward with right
35-36 Hold
"Save a horse"
37&38 Bump hips right, right - with attitude
"Ride a cowboy"
39-40 Walk forward right, left

End of Part B

ENDING

At the end of the song there are extra counts. Add this tag

WALK, SCUFF, HITCH, STOMP. HOLD, HIP BUMPS, WALK, SCUFF, HITCH, STOMP. HOLD, POSE

- 1&2 Scuff, hitch right past left, stomp forward with right
3-4 Hold
"Save a horse"
5&6 Bump hips right, right - with attitude
"Ride a cowboy"
7-8 Walk forward right, left
9&10 Scuff, hitch right past left, stomp forward with right
11-12 Hold
"Save a horse"
13-16 Hip roll & pose - with attitude
"Ride a cowboy"
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