Saddle Up!

拍數: 48

級數: Improver

編舞者: Sunny Garrison

音樂: Save a Horse (Ride a Cowboy) - Big & Rich

牆數: 4

SKATING STEPS RIGHT, LEFT, RIGHT, RIGHT

1-4 Dig right foot to right, dig left foot to left, dig right foot to right twice

SKATING STEPS LEFT, RIGHT, LEFT, LEFT

5-8 Dig left foot to left, dig right foot to right, dig left foot to right twice

RIGHT FOOT CROSS IN FRONT OF LEFT, POINT TO RIGHT AND SAILOR STEP

9-12 Cross right foot in front of left, point right toe out to right, step right behind left, step left, step right

LEFT FOOT CROSS IN FRONT OF RIGHT, POINT TO LEFT AND SAILOR STEP

13-16 Cross left foot in front on right, point left toe out to left, step left behind right, step right, step left

STRUT WALK FORWARD RIGHT, LEFT, RIGHT, LEFT

17-20 Walk right forward, left forward, right forward, and left forward

BOOTY ROLL HALF TURN TO LEFT

21-24 Roll booty around in little circles while turn a half turn to the left

RIGHT HIP TO RIGHT AND LEFT, RIGHT AND RIGHT

25-28 Push right hip to right, left hip to left, then right hip 2 times to the right

LEFT HIP TO LEFT AND RIGHT AND LEFT LEFT

29-32 Push left hip to left, right hip to right, then left hip to times to the left

STEP TAP, STEP TURN QUARTER TURN TO LEFT

33-36 Step forward on right, step left toe to heel of right, step left to left, step right next to left making a quarter turn to left

BODY ROLL

37-40 Roll body from top to bottom

STEP TAP BOOTY SHAKE TWICE

41-44 Step right to right, bring left foot in to right TWICE shaking booty as you step (Beyonce shake)

RIGHT FOOT FRONT AND BACK MAKING A HALF TURN

45-48 Right step left touch right foot forward and back making a half turn to right, step left next to right

REPEAT



COPPERKNO