Sail Away Cha

拍數: 32

級數: Intermediate

編舞者: Scott Blevins (USA)

音樂: Mating Game - Bittersweet

- 1-2-3 Step left to side, rock right over left, recover to left
- 4&5 Shuffle side right, left, right
- 6-7 Cross left over right, unwind a full turn right (weight to right)
- 8&1 Small step left to side, cross right over left, touch left to side
- 2-3 Cross left over right, touch right to side
- 4&5 Cross right over left, turn ¼ right and step left back (3:00), step right together

Counts '&5' are on the balls of your feet

6-7 Step left forward, step right forward

Walk forward with style

- 8&1 Shuffle forward left, right, left
- 2-3 Turn ¼ left and step right to side, turn ½ left and step left together (6:00)
- 4&5 Cross/rock right over left, recover onto left, step right to side
- 6&7 Cross/rock left over right, recover onto right, turn ¼ left and step left forward
- 8&1 Step right forward, turn ½ left (weight on left), step right forward (9:00)

Turn toe out to prep for turn on next step

- 2-3 Turn ½ right and step left back, turn ½ right and step right forward (9:00)
- 4-5 Step left forward, step right forward
- 6-7 Cross/rock left over right, recover to right
- 8& Step left to side, step right together

REPEAT

RESTART

Dance the first 16 and 1/2 counts of wall 3 and restart from beginning. You will be facing the original 9:00 wall





牆數:4