

Sailing Forever (P)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 0 級數: Partner
編舞者: Mariette Villeneuve (CAN) & Jean-Marc Villeneuve (CAN)
音樂: Island - Eddy Raven



Position: Closed position right hands crossed over left hands man facing LOD

STEP (3X) TOUCH, VINE, TOUCH

1-4 **MAN:** (Keep hands) step in place (3x) right, left, right, touch left
 LADY: Full turn right (right, left, right, touch left)
5-8 (Drop left hands) vine to left, touch right

ROLLING VINE RIGHT, TOUCH

1-4 (Drop hands) rolling vine right, right, left, right touch left
Couple is now face to face, double hand hold

STEP, STEP, SHUFFLE (2X)

Lift right hands passing over the ladies head, lady finishes with her hands on her shoulders and the man finishes behind the lady his hands crossed on her shoulders (keep hands)

1-4 **MAN:** Step forward left, right, shuffle left forward
 LADY: Step left back ¼ turn left, step right back ¼ turn left, shuffle left forward
5-8 **MAN:** Step forward right, left, shuffle d forward
 LADY: Step right ¼ turn left, step left ¼ turn left, shuffle right forward

Couple is now face to face hands crossed

REPEAT LAST 8 COUNTS

1-8 Repeat last 8 counts to undo what you just did (unroll)
Drop hands

STEP, STEP, SHUFFLE

1-4 **MAN:** Step left, right full turn left, shuffle left forward
 LADY: Step right ¼ turn left, step left ¼ turn left, shuffle left forward

Pick up left hands

5-8 Step right forward, pivot ½ turn left, step right forward, pivot ¼ turn left
Man finishes behind lady facing OLOD

STEP, SLIDE, STEP, POINT (2X)

1-4 **MAN:** Step right to right, slide left beside right, step right to right, point left
 LADY: Full turn right (right, left, right, (style tulip), point left)

Finish with both arms opened to the side

5-8 Repeat last 4 counts on left side
Drop left hands

STEP 3X WITH ¾ TURN, POINT

1-4 Step right, left, right while making a ¾ turn right, point left
Couple is now in Sweetheart Position

STEP, SWEEP (4X)

1-2 Step left forward, sweep floor with right (small circular motion starting on side finishing with next step)
3-4 Step right forward, sweep floor with left (small circular motion starting on side finishing with next step)
5-8 Repeat last 4 counts

Drop left hands

JAZZ BOX ¼ TURN, TOUCH, STEP ¼ TURN, STEP (3X)

1-4 Jazz box ¼ turn left (left, right, left, touch right)

5-8 **MAN:** Step right ¼ turn right, step left, step right, step left

LADY: Step right, left, right, left while making a ¾ turn right

Couple is now in starting position

REPEAT
