Salty Dog Blues



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Vera Fisher (UK) & Teresa Lawrence (UK) 音樂: Salty Dog Blues - The GrooveGrass Boyz



HEEL, TOE, HITCH, TOES & HEELS

1 Tap right heel slightly forward

& Lift right heel and tap right toe in place

2 Hitch right knee& Step right in place

3 Keeping weight on heels raise toes slightly and do toe split

& Bring toes together and place weight on them

4 Raise heels and do heel split

& Bring heels together

5&6& Repeat counts 1&2& using left foot 7&8& Repeat counts 3&4& (see note below)

WALK, WALK, BACK COASTER STEP

Step forward on right
Step forward on left

3&4 Back coaster step (right-left-right)

5 Step forward on left6 Step forward on right

7&8 Back coaster step (left-right-left)

DIAGONAL SHUFFLES ½ TURN left, FLICK AND BACK COASTER STEP

1&2 Shuffle to right diagonal (2:00)

3&4 Shuffle to left diagonal (10:00) (stay facing home wall 12:00 position)

5 Step forward on right& Step left beside right

6 Keep weight on left make a ½ turn left, step back on right and flick left foot forward

Counts 5&6 are like a forward shuffle with a ½ turn left.

7&8 Back coaster step (left-right-left)

KNEE SLAPS 1/4 TURN HEELS TOES HEELS.

1 Tap right toe in place

& Bring right knee up and slap with right hand

2&3&4& Repeat counts 1&

Making a ¼ turn right, step forward on right
Step left to left side, shoulder width apart

7 Bring both heels in& Bring both toes in

8 Bring both heels in together.

REPEAT

EASIER ALTERNATIVE FOR FIRST 8& COUNTS

1-2 Dig right heel forward & replace

3-4 Repeat counts 1-2

5-6 Dig left heel forward & replace

7-8 Repeat counts 5-6

