## San Diego Sandstorm



拍數: 120 牆數: 1 級數: Advanced

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#### HEEL HOOK-ANGLE SHUFFLE, HEEL HOOK-ANGLE SHUFFLE

1 Cross hook right in front of left foot

2 Kick right slightly forward

3&4 Shuffle forward towards 1:00 stepping (right-left-right)

5 Cross hook left in front of right foot

6 Kick left slightly forward

7&8 Shuffle forward towards 11:00 stepping (left-right-left)

### 1/2 JAZZ BOX WITH SHUFFLE, 1/2 JAZZ BOX WITH SHUFFLE

9 Cross step right in front of left foot

10 Step left backward

11&12 Shuffle slightly to right stepping (right-left-right)

13 Cross step left in front of right foot

14 Step right backward

15&16 Shuffle slightly to left stepping (left-right-left)

You will be moving slightly back on these 8 counts

### 1/2 PIVOT TURNS (LEFT), SIDE SHUFFLE (RIGHT), BACK ROCK-RECOVER

17 Step right forward

On (balls of) both feet, pivot ½ turn left

19 Step right forward

20 On (balls of) both feet, pivot ½ turn left 21&22 Shuffle right stepping (right-left-right)

Cross step (rock) left behind right foot, slightly lifting right foot off floor

24 Lower right foot back to floor

### 1/2 PIVOT TURNS (RIGHT), SIDE SHUFFLE (LEFT), BACK ROCK-RECOVER

25 Step left forward

26 On (balls of) both feet, pivot ½ turn right

27 Step left forward

On (balls of) both feet, pivot ½ turn right

29&30 Shuffle left stepping (left-right-left)

31 Step (rock) right behind left foot, slightly lifting left foot off floor

32 Lower left foot back to floor

### (3) RIGHT KICK-BALL JUMPS, SIDE STEP, SLIDE TOGETHER

33 Kick right slightly forward

&34 Touch ball of right foot out to side, step left together

35 Kick right slightly forward

&36 Touch ball of right foot out to side, step left together

37 Kick right slightly forward

Touch ball of right foot out to side, step left together

Step right to side (take slightly bigger step than normal)

40 Slide left together (end in a touch)

### (3) LEFT KICK-BALL JUMPS. SIDE STEP, SLIDE TOGETHER

41 Kick left slightly forward

Louch ball of left foot out to side, step right together

43 Kick left slightly forward

&44 Touch ball of left foot out to side, step right together

45 Kick left slightly forward

Touch ball of left foot out to side, step right together

Step left to side (take slightly bigger step than normal)

48 Slide right together (end in a touch)

### (RIGHT) FORWARD ROCK-RECOVER, COASTER STEP, (LEFT) FORWARD ROCK-RECOVER, COASTER STEP

49 Step (rock) right forward, slightly lifting left off floor

50 Step left back to floor (recover) 51 Step right back on ball of foot

Step left together on ball of foot, step right forward Step (rock) left forward, slightly lifting right off floor

54 Step right back to floor (recover) 55 Step left back on ball of foot

&56 Step right together on ball of foot, step left forward

## (RIGHT) SIDE ROCK-RECOVER, SYNC. WEAVE (LEFT), (LEFT) SIDE ROCK-RECOVER, SYNC WEAVE (RIGHT) WITH 1/4 TURN (RIGHT)

57 Step (rock) right out to side, slightly lifting left off floor

58 Step left back to floor (recover) 59 Cross step right behind left foot

&60 Small step left to side, cross step right over left

Step (rock) left out to side, slightly lifting right off floor

Step right back to floor (recover)
Cross step left behind right foot

&64 Turn ¼ turn right, step right forward, step left forward

## FORWARD ROCK-RECOVER, ½ SHUFFLE TURN (RIGHT), FORWARD ROCK-RECOVER, SHUFFLE BACK

Step (rock) right forward, slightly lifting left off floor

66 Step left back to floor (recover)

Shuffle ½ turn right, stepping (right-left-right)

Step (rock) left forward, slightly lifting right off floor

70 Step right back to floor (recover)

71&72 Shuffle backward stepping (left-right-left)

## $\mbox{\%}$ REVERSE TURN (RIGHT), SHUFFLE FORWARD, STEP FORWARD, $\mbox{\%}$ PIVOT TURN (LEFT), STEP FORWARD, TOUCH TOGETHER

73 Touch right toe backward

Pivot on (balls of) both feet, ½ turn right, stepping down on right

75&76 Shuffle forward stepping (left-right-left)

77 Step right forward

On (balls of) both feet, pivot ½ turn left

79 Step right forward80 Touch left together

# $\mbox{\ensuremath{\%}}$ REVERSE TURN (LEFT), SHUFFLE FORWARD, STEP FORWARD, $\mbox{\ensuremath{\%}}$ PIVOT TURN (RIGHT), STEP FORWARD, TOUCH TOGETHER

81 Touch left toe backward

Pivot on (balls of) both feet, ½ turn left, stepping down on left

83&84 Shuffle forward stepping (right-left-right)

85 Step left forward

86 On (balls of) both feet, pivot ½ turn right

87 Step left forward 88 Touch right together

### SIDE SHUFFLE (RIGHT) CROSS ROCK-RECOVER, SIDE SHUFFLE (LEFT) CROSS ROCK-RECOVER

89&90 Shuffle to right, stepping (right-left-right)

91 Cross (rock) left in front of right, slightly lifting right off floor

92 Step right back to floor (recover) 93&94 Shuffle to left, stepping (left-right-left)

95 Cross (rock) right in front of left, slightly lifting left off floor

96 Step left back to floor (recover)

### 1/4 SHUFFLE TURN, STEP FORWARD, 1/2 PIVOT TURN (RIGHT), 1/2 SHUFFLE TURN (RIGHT), COASTER STEP

97&98 Turning ¼ turn right, shuffle forward, stepping (right-left-right)

99 Step left forward

On (balls of) both feet, pivot ½ turn right

Shuffle ½ turn right, stepping (left-right-left)

103 Step (rock) right backward, slightly lifting left off floor

104 Step left back to floor (recover)

### ROLLING VINE (RIGHT), TOUCH TOGETHER, ROLLING VINE (LEFT) TOUCH TOGETHER

Turning ¼ turn right, step right forward
Turning ¼ turn right, step left to side
Turning ½ turn right, step right to side

108 Touch left together

Turning ¼ turn left, step left forward
 Turning ¼ turn left, step right forward
 Turning ½ turn left, step left to side

Touch right together

### FORWARD ROCK-RECOVER, SHUFFLE BACK, BACK ROCK-RECOVER, STEP FORWARD, TOUCH TOGETHER

Step (rock) right forward, slightly lifting left off floor

114 Step left back to floor (recover)

115&116 Shuffle backward stepping (right-left-right)

117 Step (rock) left backward, slightly lifting right off floor

118 Step right back to floor (recover)

Step left forwardTouch right together

#### **REPEAT**

I know there are a lot of steps, but as you can see most of them are shuffle steps, give it a whirl and if you wish you can stop at count 64 thus making it a 4-wall dance