

S.A.S. (Steady At 60)

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Karen Birks (UK)
音樂: Who Will Be There - Modern Talking



WALK, WALK ROCK & CROSS TWICE

1-2 Walk forward right, walk forward left
3&4 Rock right to right side, recover onto left, cross left over right
5-6 Walk forward left, walk forward right
7&8 Rock left to left side, recover onto right, cross left over right

SIDE HOLD & SIDE HOLD, ROCK RECOVER, ¼ SHUFFLE LEFT

9-10 Step right to right side, hold & clap
&11-12 Step left next to right, step right to right side, hold and clap
13-14 Rock back on left, recover weight on to right
15&16 Turn ¼ left, forward left, right, left

RIGHT ROCK AND COASTER, LEFT ROCK AND COASTER

17-18 Rock forward on right, recover weight onto left
19&20 Step back onto right, step left next to right, step forward on to right
21-22 Rock forward onto left, recover weight on to right
23&24 Step back onto left, step right next to left, step forward onto left

ROCK RECOVER, SHUFFLE ½ TURN RIGHT, ½ TURN RIGHT AND SWEEP RIGHT COASTER STEP

25-26 Rock forward onto right, recover weight onto left
27&28 Shuffle ½ turn right, stepping right, left, right
29-30 Step back left ½ turn over right shoulder, sweep right out
31&32 Step right foot back, step left next to right, step forward right

Restart from here on walls 3 and 6

SIDE TOGETHER, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE

33-34 Step left to left side, step right next to left
35&36 Step left to left side, step right next to left, step left to left side
37-38 Cross right over left, recover weight on to left
39&40 Step right to right side, step left next to right, step right to right side

SIDE SWITCHES, FORWARD SWITCHES, SIDE SWITCHES, FORWARD SWITCH, HITCH & CROSS

&41&42 Step left next to right, point right to right side, step right next to left, point left to left side
&43&44 Step left next to right, touch right heel forward, step right next to left, touch left heel forward
&45&46 Step left next to right, point right to right side. Step right next to left, point left to left side
&47&48 Step left to left side, switch right heel forward, hitch right knee, step right down across left

49-64 Repeat counts 33-48 again

Include an "&" count at the end of every wall except tag walls

& Rock back onto left foot

REPEAT

TAG

At the end of walls 1 and 4

LEFT ROCKING CHAIR, LEFT ROCK, ROCK & COASTER STEP

1-2 Rock forward on left, recover weight on right

3-4	Rock back on left, recover weight on right
5-6	Rock forward left, recover weight on right
7&8	Step back onto left, step right next to left, step forward onto left
