Satin Sheets



拍數: 64 牆數: 1 級數: Improver

編舞者: Glennys Croston (UK) 音樂: Satin Sheets - Dolly Parton



TOE STRUTS RIGHT CHASSE AND ROCK

1-2 Right side toe strut

3-4 Left toe strut crossing over right

5&6 Right chasse

7-8 Rock back on left behind the right, recover

REPEAT TO LEFT

9-16 Repeat above steps to the left

RIGHT SHUFFLE, PIVOT TURN LEFT SHUFFLE, PIVOT TURN

17&18 Right shuffle forward

19-20 Step forward on left, pivot half turn right

21&22 Left shuffle forward

23-24 Step forward on right pivot quarter turn left

PIVOT HALF TURN, ROCK RECOVER COASTER STEP & STEP TOUCH

25-26 Step forward pivot half turn left 27-28 Rock forward on right recover

29&30 Right coaster step

31-32 Step forward on left touch with right toe to left instep

STEP BACK SLIDE, STEP BACK TOUCH ROCK LEFT RECOVER BEHIND & CROSS

33-34 Step back on right slide left to meet right

35-36 Step back on right touch with left

37-38 Rock left recover on right

39&40 Rock left behind right & cross left over right

RIGHT VINE WITH A SCRUFF, LEFT VINE WITH A QUARTER TURN & SCUFF

41-42-43-44 Right side behind side scuff

45-46-47-48 Left side behind turn a guarter and scuff

ROCK RECOVER HALF TURN SHUFFLE RIGHT, ROCK RECOVER THREE QUARTER TURN TRIPLE STEP TO LEFT

49-50 Rocking forward on right recover on left

51&52 Half turn shuffle to right

53-54 Rock forward on left recover on right 55&56 Three quarter turn triple step to left

ROCK RECOVER HALF TURN SHUFFLE RIGHT, ROCK RECOVER THREE QUARTER TURN TRIPLE STEP TO LEFT

57-58 Rocking forward on right recover on left

59&60 Half turn shuffle to right

61-62 Rock forward on left recover on right 63&64 Three quarter turn triple step to left

REPEAT

TAG

At the end of third repetition dance only once

1-4 (To the right) side, together, side, kick 5-8 (To the left) side, together, side, kick 9-12 Step right, kick left, step left, kick right 13-16 Step right, kick left, step left, kick right

Start dance again at the fourth and last wall

FINISH

Dance will finish on second three quarter triple. To finish point right toe forward in front of left toe, arms forward and hands crossed at wrists. Ronde right toe round to back with arms coming up over and out to sides.