Scotland Yard (It's Scottish Time!)



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Derrick Walker (USA) 音樂: More Reels - The Rogues



Start counting when you hear Bagpipes. Count up to 8, then start the intro

INTRO

1-4 Stomp right foot to right side styling your arms and body, and hold 3 counts

5-6 You will stomp left foot to left side styling your arms and body, stomp right foot next to left

foot styling your arms & body

7&8 Wiggle your body

THE MAIN DANCE

SIDE MAMBO STEPS, CROSS/TOUCH 3/4 TURN LEFT

Step right foot to right side, step left foot in place, step right foot next to left Step left foot to left side, step right foot in place, step left foot next to right

5-6 As you begin your ¾ turn left, touch right toe forward and slightly in front of left twice

7-8 Continue your ³/₄ turn left finishing the turn by touching right toe forward and slightly in front of

left twice

You will have your arms up in the air and snap your fingers as you cross/touch 4x with 3/4 turn on 5-8

QUICK STEPS, STEP/KICK/HITCH (ARM STYLING), QUICK STEPS, TWIST/CLAP, TWIST/CLAP

1&2& Quickly step forward right-left-right-left

3&4 Step right foot forward, kick left foot forward, hitch left knee

Option: style your arms/hands doing this count like you?re a ballerina

5&6 Pivot ½ turn left, quickly step forward left-right-left

&7 Twist upper body ¼ turn left, clap

&8 Twist upper body back to ¼ turn right, clap

?IT?S SCOTTISH TIME? RIGHT FOOT SWINGS (FORWARD, SIDE, BEHIND, SIDE), SYNCOPATED VINE LEFT WITH CLAPS

1-2 Swing right foot forward, swing right foot to right side

3-4 Swing right foot behind left foot, swing right foot to right side

5&6&7 Cross right foot over left foot, step left foot to left side, cross right foot behind left foot, step

left foot to left side, cross right foot over left foot

&8 Clap twice

Put both hands on hips during counts 1-7

Your left foot/heel will slightly move as you swing your right foot

?IT?S SCOTTISH TIME? LEFT FOOT SWINGS (FORWARD, SIDE, BEHIND, SIDE), SYNCOPATED VINE RIGHT WITH CLAPS

1-2 Swing left foot forward, swing left foot to left side

3-4 Swing left foot behind right foot, swing left foot to left side

5&6&7 Cross left foot over right foot, step right foot to right side, cross left foot behind right foot, step

right foot to right side, cross left foot over right foot

&8 Clap twice

Put both hands on hips during counts 1-7

Your right foot/heel will slightly move as you swing your left foot

IT?S SCOTTISH TIME? KICK/HOOK 4X 1/4 TURN, SIDE SHUFFLE, 1/4 TURN COASTER STEP

1&2& As you begin to make 3/4 turn left, kick your right foot forward, hook right foot across left knee.

kick right foot forward, hook right across left knee

3&4 Continue with your ¾ turn to left finishing turn by kicking right foot forward, hook right across

left knee, kick right foot forward

You will use the ball of your left foot to make ¾ turn left

Step right foot to right side, close left foot in next to right, step right foot to right side

Pivot ¼ turn left stepping left foot back, step right foot next to left, step left foot forward

STEP, SCUFF, HITCH, STEP, SCUFF, HITCH, STEP, COASTER FORWARD, SCOTTISH GALLOP BACKWARDS

1&2 Step right foot forward, scuff left foot next to right foot, hitch left knee forward

Step left foot forward, scuff right foot next to left foot, hitch right knee forward, step right foot

forward

5&6 Step left foot forward, step right foot next to left foot, step left foot back

You will pretend you have a kilt on. You will raise arms like your lifting the kilt doing &7&8 as you gallop

backwards

&7&8 Gallop back right, left, right, left (don?t have your feet apart)

REPEAT

ENDING

After finishing wall 5, you will walk forward right foot & left foot. You will step right foot together next to left and throw arms in air at same time to end your dance