

Scream

拍數: 48 牆數: 4 級數: Intermediate/Advanced
編舞者: Amanda Andrews (USA)
音樂: Let's Get Loud - Jennifer Lopez



SHUFFLE, STEP/PIVOT, SHUFFLE, FULL TURN

1&2 Shuffle forward with right
3-4 Step left forward, pivot ½ turn to the right
5&6 Shuffle forward with left
7-8 Make full turn to the left

SHUFFLE, FORWARD COASTER, CROSS BACK, ½ TURN, OUT-OUT, IN-IN

1&2 Shuffle forward with right
3&4 Step left forward, bring right next to left, step left back
5-6 Cross right behind left, turn ½ to right
&7 Step right out to right, step left out to left
&8 Step right back in, step left next to right

SIDE MAMBO, SIDE MAMBO, OUT-OUT, CLAP, OUT-OUT, CLAP

1&2 Step right with right, step left in place, bring right next to left
3&4 Step left with left, step right in place, bring left next to right
&5-6 Step right out and forward, step left out and forward, clap
&7-8 Step right back, step left back (feet still apart), clap

HIP BUMPS, HIP BUMPS, MAMBO FORWARD, MAMBO BACK

1&2 Step right forward, bump hips
3&4 Step left forward, bump hips
5&6 Step right forward, shift weight to left, step right back
7&8 Step left back, shift weight to right, step left forward

MAMBO ¼ TURN, MAMBO ¼ TURN

1&2 Step right to right, shift weight to left making a ¼ turn to right, bring right back next to left
3&4 Step left forward, shift weight to right, bring left back next to right
5&6 Step right to right, shift weight to left making a ¼ turn to right, bring right back next to left
7&8 Step left forward, shift weight to right, bring left back next to right

CROSS/STEP, COASTER ¼ TURN, CROSS ¼ TURN/STEP, COASTER ¼ TURN

1-2 Cross right over left, step left to left side
3&4 Step right behind left making ¼ turn to right, bring left next to right, step right forward
5-6 Cross left over right making ¼ turn to left, step right to right
7&8 Step left behind right making ¼ turn to left, bring right next to left, step left forward

REPEAT