

# Sea Cruise (J.C)

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Beginner  
編舞者: Judith Campbell (NZ)  
音樂: Sea Cruise - Dion



## ROCK FORWARD, BACK - COASTER - ½ PIVOTS TO LEFT - (TWICE)

Cross with side ball change or (for more of a challenge) cross jump clicking both heels together in the air

1-2-3&4      Rock forward on right foot, rock back on left foot, coaster on right foot (back together forward)  
5-6-7&8      Rock forward on left foot, rock back on right foot, coaster on left foot (back together forward)

1-4      Step forward on right foot, ½ pivot to left, step forward on right foot, ½ pivot to left  
5&6      Step right foot across and slightly forward in front of left, step left to left side, step right foot forward slightly  
7&8      Step left foot across and slightly forward in front of right, step right to right side, step left foot forward slightly

For more of a challenge instead of the "cross side ball change" on counts 5-8

5      Step right across left  
&      Jumping into the air lift right foot up to meet the left foot clicking both heels together  
6-8      Land on right foot, step left across right, lift and click heels, land on left foot

## 2 STEP LOCKS FORWARD WITH A SCUFF - JAZZ BOX WITH ¼ TURN RIGHT - 3 HEEL SWITCHES (DIGS) - CLAP

1-4      Step forward lock with right foot and scuff left foot forward  
5-8      Step forward lock on left foot and scuff right foot forward  
1-4      Jazz box with ¼ turn to right  
5-8      Three heel digs / switches diagonally front right, left, right, clap

## SIDE ROCK RECOVER - HOLD - SIDE ROCK RECOVER - HOLD - 4 TOE HEEL STRUTS BACK

1-4      Side rock to right with right foot, recover onto left foot, cross right foot over left, hold  
5-8      Side rock to left with left foot, recover onto right foot, cross left foot over right, hold

## 4 TOE /HEEL STRUTS BACKWARDS RIGHT LEFT RIGHT LEFT

1-2      Swinging right hand out to side and click fingers  
3-4      Swing right hand across body and click fingers  
5-8      Repeat counts 1-4

Follow the hand with your head

## TWO ¼ MONTEREYS - TWO WALKS FORWARD - 4 HEEL TAPS TURNING ½ RIGHT

1-4      ¼ Monterey on right foot  
5-8      ¼ Monterey on right foot  
1-2      Big step forward on right foot forward, slightly bending forward, swinging left arm forward and looking to the right side, hold  
3-4      Big step forward on left foot swinging right arm forward and looking to the left side hold  
5-8      ½ turn to right keeping both feet on the ground just beating the heels

For the ½ turn heel beats make a wave motion with the hand - like the sea, up down- up down

REPEAT