

Send Me Signals (S.M.S)

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate social cha
編舞者: Steve Rutter (UK)
音樂: S.M.S. To My Heart - Modern Talking



STEP FORWARD, TOE TOUCH, JAZZ JUMP BACK, CLAP, CROSS ROCK, SHUFFLE ½ TURN RIGHT

- 1-2 Step forward to right diagonal on right, touch left toe beside right
- &3 Jump back on left, right (feet shoulder width apart)
- 4 Clap
- 5-6 Cross rock right over left, recover weight onto left
- 7&8 Make a half turn right stepping on right, left, right

STEP FORWARD, TOE TOUCH, JAZZ JUMP BACK, CLAP, CROSS ROCK, CHASSE RIGHT WITH ¼ TURN RIGHT

- 9-10 Step forward to left diagonal on left, touch right toe beside left
- &11 Jump back on right, left (shoulder width apart).
- 12 Clap
- 13-14 Cross rock right over left, recover weight onto left
- 15&16 Step right to right side, close left beside right, make a quarter turn right stepping forward on right

LOCK STEPS, FORWARD ROCK, SHUFFLE ½ TURN LEFT

- 17&18 Step forward on left, lock right behind left, step forward on left
- 19&20 Step forward on right, lock left behind right, step forward on right
- 21-22 Rock forward on left, recover on right
- 23&24 Make a half turn left stepping on left, right, left

WALK FORWARD, KICK-BALL-CHANGE, TOE TOUCHES

- 25-26 Step forward on right, step forward on left
- 27&28 Kick right forward, step down on right (taking weight), change weight onto left
- 29&30 Touch right toe forward, close right beside left, touch left toe forward
- 31-32 Touch left toe across right, touch right toe forward

TOE TOUCH, SAILOR STEP, TOE TOUCH, SIDE ROCK, TRIPLE STEP FULL TURN RIGHT

- 33 Touch left toe to left side
- 34&35 Cross left behind right, step right to right side (taking weight), replace weight onto left
- 36 Touch right toe beside left

When dancing wall 4 restart dance here (you'll be facing 12:00 at this point)

- 37-38 Rock right to right side, recover weight onto left
- 39&40 Make a full turn right stepping on right, left, right

SIDE STEP, SAILOR STEP, TOE TOUCH, SIDE ROCK, SAILOR STEP WITH ½ TURN LEFT

- 41 Step left to left side
- 42&43 Cross right behind left, step left to left side (taking weight), replace weight onto right
- 44 Touch left beside right.
- 45-46 Rock left to left side, recover on right
- 47&48 Cross left behind right, make a quarter turn left stepping right beside left, make a quarter turn left stepping left beside right

ROCK & CROSS TWICE, TOE TOUCHES, ROCK & CROSS

- 49&50 Rock right to right side, recover weight onto left, cross right over left
- 51&52 Rock left to left side, recover weight onto right, cross left over right

53-54 Touch right toe to right side, touch right toe beside left
55&56 Rock right to right side, recover weight onto left, cross right over left

TOE TOUCHES, ROCK & CROSS, ½ TURN LEFT, FULL TURN LEFT

57-58 Touch left toe to left side, touch left to beside right
59&60 Rock left to left side, recover weight onto right, cross left over right
61-62 Make a quarter turn left stepping back on right, make a quarter turn left stepping left to left side
63-64 Make a half turn left stepping back on right, make a half turn left stepping forward on left

REPEAT

TAG

At the end of wall 1 (facing 3:00)

STEP FORWARD, CLOSE, STEP BACK, CLOSE

1-2 Step forward on right, close left beside right
3-4 Step back on right, close left beside right

RESTART

When dancing wall 4, only dance as far as count 36 (toe touch) then restart dance from beginning (you will be facing front wall at this point - 12:00)
