# Send Your Love

拍數: 64

級數: Intermediate

編舞者: Alan Birchall (UK)

音樂: Send Your Love - Sting

# RIGHT SAILOR STEP, ¼ SAILOR TURN LEFT, STEP, ½ PIVOT, WALK TWICE

- 1&2 Cross right behind left, step left to left, step right in place
- 3&4 Cross left behind right making ¼ turn left, step right in place, step forward on left (facing 9:00)
- 5-6 Step forward on right,  $\frac{1}{2}$  pivot left (facing 3:00)
- 7-8 Walk forward on right, walk forward on left

#### 'ANKLE BREAKERS', STEP DIAGONALLY BACK, TOUCH TWICE

1&2 Cross right over left on balls of both feet rock left, right, left

#### Alternative: swivel heels with legs crossed

- 3-4 Step diagonally back on right, step left by right
- Cross right over left on balls of both feet rock left, right, left 5&6

## Alternative: swivel heels with legs crossed

7-8 Step diagonally back on right, step left by right

## FULL PADDLE TURN LEFT, ROCK, WITH HIP BUMPS

- &1 Making <sup>1</sup>/<sub>4</sub> pivot left, touch right to right (facing 12:00)
- &2 Making ¼ pivot left, touch right to right (facing 9:00)
- &3 Making <sup>1</sup>/<sub>4</sub> pivot left, touch right to right (facing 6:00)
- &4 Make <sup>1</sup>/<sub>4</sub> pivot left, touch right to right (facing 3:00)
- 5&6 Rock right to right bumping hips right, left, right alternative: rock right with shimmies
- 7&8 Recover on left bumping hips left, right, left alternative: recover left with shimmies

## ROCK, RECOVER, STEP, ROCK RECOVER, CROSS, STEP, ¼ COASTER TURN

- 1-2 Rock right to right, recover on left
- &3-4 Step right by left, rock left to left, recover on right
- 5-6 Cross left over right, step right to right
- 7&8 Making ¼ turn left step back on left, step right by left, step forward on left (facing 12:00)

## SYNCOPATED TWINKLES TWICE, FRONT SAILOR ½TURN, STEP ½ PIVOT, HEEL BALL ½ TURN

- 1&2 Cross right over left, small step diagonally back on left, step right by left
- 3&4 Cross left over right, small step diagonally back on right, step left by right
- 5&6 Cross right over left, step left to left making 1/2 turn right, step forward on right (facing 6:00) 7 Making ¼ turn right step left to left (facing 9 '0' clock)
- 8&1 Making ¼ turn right touch right heel forward, step right by left, cross left over right (facing 12:00)

## STEP, FORWARD MAMBO, ½ TRIPLE TURN, LEFT SHUFFLE

- 2 Step forward on right
- 3&4 Rock forward on left, recover on right, step back on left
- 5&6 Make <sup>1</sup>/<sub>2</sub> triple turn right stepping right left right (facing 6:00)
- 7&8 Step forward on left, step right by left, step forward on left

## SYNCOPATED ROCK STEPS, BEHIND, SIDE, TURN, ½ PIVOT, STEP

- 1& Rock forward on right to right diagonal, recover on left
- 2& Rock right to right, recover on left
- 3& Rock back on right, recover on left
- 4 Step right to right





牆數:4

- 5&6 Cross left behind right, step right to right making ¼ turn right, step forward on left (facing 9:00)
- 7-8 <sup>1</sup>/<sub>2</sub> pivot right (weight ends on right), step forward on left (facing 3:00)

# HEEL SWITCH'S, STEP, ¼ PIVOT LEFT, HEEL SWITCH'S, ROCK ¼ TURN LEFT

- 1&2 Touch right heel forward, step right by left, touch left heel forward
- &3-4Step left by right, step forward on right, ¼ pivot turn left (facing 12:00)
- 5&6 Touch right heel forward, step right by left, touch left heel forward
- 7&8 Step left by right, making ¼ turn left rock forward on right, recover on left (facing 9:00)

#### REPEAT