Serenity (P)

拍數: 56

級數: Partner

編舞者: Unknown

音樂: Boot Scootin' Boogie - Brooks & Dunn



Position: Dance starts facing OLOD. Man behind lady in Indian Position

牆數:0

1-2 3&4	Rock back on right foot behind left at 45 degrees, rock forward onto left foot Cha-cha-cha in place
5-6	Rock back on left foot behind right at 45 degrees, rock forward onto right foot
7&8	Cha-cha-cha in place
9-10	Repeat steps 1-2
11&12	Repeat steps 3&4
13-14	Rock back on the left foot behind right making ¼ turn to the left, (now facing LOD), rock
	forward on right foot
15-16	Step forward on left foot, slide right up to left
17-18	Step forward on left & slide right foot next to left
19-20	Step forward on left foot, slide right foot next to left
21-22	Step forward on left foot, cross right foot over left
23-24	Step back on left foot, step right beside left
25-28	Repeat steps 21-24
29-30	Rock forward on the left foot, and rock back onto right foot
31&32	Cha-cha-cha in place
33-34	Rock back on right foot with the lady turning ¼ turn to the right to outside LOD
35&36	Rock forward on the left foot, cha-cha-cha forward while lifting right arms and lady turns ³ / ₄
37-38	turn to the left now facing each other with arms crossed right over left MAN: Rock forward on left foot, rock back on right foot
37-30	
39&40	LADY: Rock back on left foot, rock forward on right foot
39040	MAN: Cha-cha-cha in place
41-42	LADY: Cha-cha-cha turning ½ turn right while returning to sweetheart position
41-42	BOTH: Partners rock back on right foot, rock forward on left foot Cha-cha-cha forward
45.46	MAN: Step forward on left foot while turning $\frac{1}{2}$ turn to the right, return weight to right foot
40-40	LADY: Rock forward on left foot, rock back on right foot
47&48	MAN: Cha-cha-cha left-right-left turning another $\frac{1}{2}$ turn finishing in hammerlock
47040	LADY: Cha-cha-cha in place
49-50	MAN: Rock back on right foot and rock forward on left foot, drop left hands
10 00	LADY: Rock back on right foot and forward on left foot, drop left hand
51&52	MAN: Cha-cha-cha turning ¼ turn to the right to face OLOD
01002	LADY: Turn ³ / ₄ turn to the left on the cha-cha-cha, to face OLOD
Return to Indian Position	
53-54	Both partners step to the left and hip bump, transfer weight to right foot and hip bump
55&56	Cha-cha-cha (left-right-left) in place

REPEAT