

# Set Me Free

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2  
編舞者: John Dembiec (USA)  
音樂: Free - Jon Secada

級數: Intermediate/Advanced



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## CROSS, REPLACE, SIDE CHA, ¼ & ½ TURN, BACK LOCK STEP

- 1-2      Step right to right, cross rock left over right
- 3-4&      Replace to right, step left to left, step right next to left
- 5-6      Step left to left, making ¼ turn left step right forward
- 7-8&      Making ½ turn right step left back, step right back, lock left over right

## STEP, ¼ TURN, POINT, 1 ¼ TURN, ROCK STEP, SIDE MAMBO

- 1&2      Step right back, making ¼ turn left step left to left, point right to right
- 3-4      Making ¼ turn right step onto right, making ½ turn right step back on left
- 5-6&      Making ½ turn right step right forward, rock left forward, replace to right
- 7-8&      Step left next to right, rock right to right, replace to left

## BREAK STEP, CROSS ¼ TURN, CROSS ROCK SWEEP, SAILOR

- 1-2      Step right next to left, step left to left
- 3-4&      Step right back, cross left over right, making ¼ turn left step right back
- 5-6&      Step left to left, cross rock right over left, replace to left
- 7-8&      Sweep right behind left (weight is still on left), step onto right behind left, step left to left

## STEP BEHIND, 1 ¼ UNWIND, CHA STEPS, ROCK STEP, ¼ TURN

- 1-2      Step right to right, step left behind right
  - 3-4&      Unwind into spiral 1 ¼ turn left weight to the right, step left forward, step right next to left
- Optional turn for spiral - make ¼ left putting weight to right**
- 5-6      Step left forward, rock right forward
  - 7-8&      Replace to left, step right back, making ¼ turn left step left next to right

## REPEAT

## RESTART

After the 3rd wall, do the 1st 8 counts but replace the "&" of count 8 with ¼ turn left crossing the left over right

## TAG & RESTART 2

After the 1st restart, do 4 ½ walls. After the musical interlude do the 4 count tag below and restart the dance

- 1-4      Step right to right, step left next to right, step right to right, step left next to right
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