

Seven Lonely Days

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jette Elmann Sørensen (DK)
音樂: Seven Lonely Days - Wenche



16 count intro, Keep your left hand on your left hip throughout the dance, Start with your right arm crossed in front of you at waist height (right hand is close to left hand)

¼ TURN RIGHT, TOUCH, ¼ TURN LEFT, TOUCH - REPEAT

- 1-2 Step right ¼ turn right, touch left next to right
Swing your right hand from waist height to shoulder level and snap your fingers
3-4 Step left ¼ turn left, touch right next to left
Swing your right hand back to start position and snap your fingers
5-8 Repeat 1-4

FORWARD SLIDE RIGHT LEFT RIGHT, TOUCH, BACKWARD SLIDE LEFT RIGHT LEFT, TOUCH

- 1-2 Step forward right, slide left to right, right hand on right hip
3-4 Step forward right, touch left to right, touch the brim of your hat and nod
5-6 Step back left, slide right to left, right hand on right hip
7-8 Step back left, touch right to left

STEP RIGHT, CROSS/SLAP, POINT, CROSS/SLAP, VINE LEFT WITH ¼ TURN LEFT, SCUFF

- 1-2 Step right to right side, cross left foot behind right leg and slap left heel with right hand
3-4 Point left to left side, cross left foot behind right leg and slap left heel with right hand
5-6 Step left to left side, cross right behind left
7-8 Step left to left side, make a ¼ turn left, scuff right forward, right hand on right hip

STEP, HOLD, PIVOT TURN LEFT, HOLD, REPEAT

- 1-2 Step right forward, hold
3-4 ½ Turn left, hold
5-8 Repeat 1-4

REPEAT