Sha-La-La-La-La

級數: Beginner

編舞者: Stuart Poindexter (USA)

音樂: Shalala Lala - Vengaboys

STEP LEFT, TOGETHER, STEP LEFT, CLAP-CLAP-CLAP, STEP RIGHT, BEHIND, RIGHT

- Step left to left side, step right next to left, step left to left side 1-3
- 4&5 Clap 3 times

拍數: 32

6-8 Step right to right side, step left behind right, step right to right side

HEEL TAPS, HEEL FORWARD, CLAP, TOE BEHIND, CLAP

- 9-12 Tap left heel in front and replace, tap right heel in front and replace
- 13-14 Tap left heel in front, hold and clap
- 15-16 Tap left toe behind, hold and clap

WALK-WALK TURN, SLAP-SLAP-SLAP, STEP BACK RIGHT-LEFT

- 17-19 Walk forward left, walk forward right, pivot 1/4 turn left on balls of both feet
- 20&21 With head turned to look at front wall, slap right hip 3 times with both hands

During chorus replace hip slaps on counts 20&21 by slapping rear of dancer in front of you.

Pivot ¼ turn right on balls of both feet, walk back on right foot, tap left next to right 22-24

HEEL TAP LEFT HEEL TAP RIGHT, PIVOT TURN, PIVOT TURN

- 25-28 Tap left heel in front and replace, tap right heel in front and replace
- 29-30 Step left foot in front, pivot ¹/₂ turn right
- 30-32 Step left foot in front, pivot ¹/₂ turn right

Optional hand movements on counts 29-30 and 31-32: tuck heels of hands under armpits with fingers pointing forward and press elbows forward while pivoting.

REPEAT





牆數: 1