

# The Shadow (P)

COPPER KNOB  
STEPPERS

拍數: 40      牆數: 0      級數: Partner  
編舞者: Nancy Martin (USA)  
音樂: Take It Back - Reba McEntire



**Position: Both facing LOD side by side with single handhold, 40 counts**

## LADY

1-2      Step with left foot, turning  $\frac{1}{4}$  turn to the left, touch with right toe

**Now facing partner**

3-4      Step with right foot, turning  $\frac{1}{4}$  turn to the right, touch with left toe

**Now back to facing LOD**

5-8      Switch right hand to his right hand, while executing a left rolling grapevine, (left-right-left), ending in front of (partner), touch right toe

**Following steps are executed with same foot until count 20**

9-12      Move forward at a 45 degree angle to the right: step forward with right foot, slide left foot up to right foot, step forward with right foot, slide left foot up to right foot

**Weight should remain on right foot**

13-16      Move forward at a 45 degree angle to the left: step forward with left foot, slide right foot up to left foot, step forward with left foot, slide right foot up to left foot

**Weight should remain on left foot**

17-20      Move backward (right-left-right) (on count 20: man steps with weight on left, lady just touches her left)

**Drop hand hold**

21-24      Left rolling grapevine (left-right-left) touch with right

**Man's left hand joins lady's right hand**

25-26      Turn  $\frac{1}{2}$  turn to the right, With weight on right, touch with left toe

**Now both are facing RLOD**

**Man's right hand joins lady's left hand**

27-28      Turn  $\frac{1}{2}$  turn to the left, with weight on left touch with right toe

**Man's left hand joins lady's right hand. Both are back facing LOD. Drop hand hold**

29-32      Right rolling grapevine in front of her partner (right-left-right,) touch with left

**Rejoin hands (man's right to lady's left)**

33-40      4 shuffle steps forward: (left-right-left, right-left-right, left-right-left, right-left-right)

## REPEAT

## MAN

1-2      Step with right foot, turning  $\frac{1}{4}$  turn to the right, touch with left toe

**Now facing partner**

3-4      Step with left foot, turning  $\frac{1}{4}$  turn to the left touch with right toe

**Now back to facing LOD**

5-8      4 step in place (right-left-right-left).

**As lady moves in front of you, her back is to you, right hands at her right hip, left arms extended**

9-12      Move forward at a 45 degree angle to the right: step forward with right foot, slide left foot up to right foot, step forward with right foot, slide left foot up to right foot

**Weight should remain on right foot**

13-16      Move forward at a 45 degree angle to the left: step forward with left foot, slide right foot up to left foot, step forward with left foot, slide right foot up to left foot

**Weight should remain on left foot**

17-20      Move backward (right-left-right) (on count 20: man steps with weight on left, lady just touches her left)

**Drop hand hold**

21-24      Right rolling grapevine (right-left-right) touch with left

**Man's left hand joins lady's right hand**

25-26 Turn ½ turn to the left, with weight on left, touch with right toe

**Now both are facing RLOD**

**Man's right hand joins lady's left hand**

27-28 Turn ½ turn to the right with weight on right touch with left toe

**Man's left hand joins lady's right hand. Both are back facing LOD. Drop hand hold**

29-32 Left rolling grapevine behind his partner (left-right-left), touch with right

**Rejoin hands (man's right to lady's left)**

33-40 4 shuffle steps forward: (right-left-right, left-right-left, right-left-right, left-right-left)

**REPEAT**

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