Shakatak-Plus One

級數: Improver

編舞者: Clive M Looker (UK)

音樂: Ciega, Sordomuda - Shakira

CHASSE RIGHT, CROSS ROCK, CHASSE LEFT, CROSS ROCK

- 1&2 Step right foot to right, slide left along side right, slide right to right
- 3 Step left foot across right foot, (rocking forward)
- 4 Recover

拍數: 40

- 5&6 Step left foot to left, slide right foot along side left, slide left foot to the left
- 7 Step right foot across left foot, (rocking forward)
- 8 Recover

WALK FORWARD, JAZZ BOX

- 1-2-3-4 Starting with your right foot walk forward, right, left, right, left
- 5-6 Cross right foot in front of left foot, step back on left
- 7-8 Step right foot to right side bring left foot along side right

TWO SHUFFLE LOCKS, ½ TURN, STOMP, STOMP

- 1-2 Slide forward on right, lock left behind right, slide forward on right
- 3-4 Slide forward on left, lock right behind left, slide left forward
- 5-6 Forward on right, 1/2 turn
- 7-8 Stomp right, stomp left, (clap hands above head on each stomp)

1/2 TURN, STOMP, STOMP, TWO SHUFFLE LOCKS

- 1-2 Forward on right, 1/2 turn
- 3-4 Stomp right, stomp left, (clap hands above head on each stomp)
- 5-6 Slide forward on right, lock left behind right, slide forward on right
- 7-8 Slide forward on left, lock right behind left, slide left forward

1/2 TURN, STOMP, STOMP, 1/4 TURN STOMP, STOMP

- 1-2 Step forward on right, 1/2 turn
- Stomp right, stomp left, (clap hands above head on each stomp) 3-4
- 5-6 Step forward right, 1/4 turn to left
- 7-8 Stomp right, stomp left, (clap hands above head on each stomp)

REPEAT





牆數:2