

Shake It! Shake It!

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Aggie Marler (USA)
音樂: Built For Blue Jeans - Tyler Dean



HIP BUMPS DIAGONAL FORWARD 4X

- 1-2 Touch right diagonal forward while bumping right hip, step on right diagonal forward while bumping right hip
- 3-4 Touch left diagonal forward while bumping left hip, step on left diagonal forward while bumping left hip
- 5-6-7-8 Repeat counts 1-4

PIVOT ½ TURN LEFT, PIVOT ¼ TURN LEFT, HIP BUMPS 4X

- 1-2 Step forward on right (with optional hip bump), pivot ½ turn left, step on left
- 3-4 Step forward on right (with optional hip bump), pivot ¼ turn left, step on left
- 5-6-7-8 Bump hips right, left, right, left (or shake your bootie when the music says "shake it", or do a funky dance move when the music says "dance")

STEP SIDE, TOUCH 4X (WITH OPTIONAL BODY ROLLS OR HIP ROLLS)

- 1-2 Step right with right (optional body or hip roll), touch left beside right
- 3-4 Step left with left (optional body or hip roll), touch right beside left
- 5-6-7-8 Repeat counts 1-4

PADDLE TURN ¼ LEFT 4X (WITH HIP BUMPS, BODY/HIP ROLLS, ETC)

- 1-2 Touch front with right, pivot ¼ turn left on left (bump or roll hips as you turn)
- 3-4 Repeat counts 1-2
- 5&6& Repeat counts 1-2 or double time the counts doing two paddle turns to make the ¼ turn
- 7&8& Repeat counts 5&6&

REPEAT
