

Shake Your Tail Feather

COPPER KNOB
STEPPERS

拍數: 0 牆數: 0 級數:
編舞者: Maggie Gallagher (UK)
音樂: Shake Your Tail Feather - The Dean Brothers



Sequence: A, Bridge, BABAB, then restart from step 33 part B

PART A

Start facing the back wall towards right diagonal.

TURN ½ RIGHT INTO 4 WALKS, TOE STRUT, ½ PIVOT-STRUT

- 1-2 Turn ½ right and walk forward on right, left (these walks will head towards the front right diagonal)
- 3-4 Walk forward right, left (these walks are still towards a right diagonal)
- 5-6 Step right toe to right diagonal, drop heel to take weight (lean forward, brush right hand across forehead)
- 7-8 Pivot ½ turn left and step left toe to right diagonal, drop heel to take weight (brush left hand across forehead)

4 WALKS, TOE STRUT, ½ PIVOT-STRUT (STILL ON DIAGONAL)

- 9-10 Walk right, left (facing back, right diagonal)
- 11-12 Walk right, left (facing back, right diagonal)
- 13-14 Step right toe to right diagonal, drop heel to take weight (lean forward, brush right hand across forehead)
- 15-16 Pivot ½ turn left and step left toe to right diagonal, drop heel to take weight (brush left hand across forehead)

RIGHT SHUFFLE, STEP PIVOT ½, LEFT SHUFFLE, STEP PIVOT ½

- 17&18 Right shuffle forward to right front diagonal stepping right/left/right
- 19-20 Step forward on left foot, pivot ½ turn right
- 21&22 Left shuffle forward to right back diagonal stepping left/right/left
- 23-24 Step forward on right foot, pivot ½ turn left

RIGHT TOE STRUT, LEFT TOE STRUT, KICK, KICK, BACK, TOGETHER

- 25-26 Step right toe forward, drop heel to take weight (facing right diagonal)
- 27-28 Step left toe forward, drop heel to take weight (facing right diagonal)
- 29-30 Kick right foot to right diagonal twice (facing right diagonal)
- 31-32 Step back onto right foot, step left foot together (straighten up towards 12:00)

PART B

HEELS, TOES, HEELS, HOLD, 3 HIP SHAKE/KNEE POPS

- 1-2 Twist heels to left, twist toes to left (bending knees)
- 3-4 Twist heels to left, hold and click fingers (weight on left foot)
- 5-6 Hip bump to right popping in left knee, keeping hip right - pop right knee in and straighten left leg (weight still on right foot)
- 7-8 Keeping hip right - pop left knee in and straighten right leg, bump hips to left side popping in right knee (weight is now on left foot)

STEP ½ PIVOT, STEP ¼ PIVOT, 3 WALKS, HOOK

- 9-10 Step forward on right foot, pivot ½ turn left
- 11-12 Step forward on right foot, pivot ¼ turn left
- 13-14 Walk forward right, left
- 15-16 Walk forward right, hook/flick left foot behind right

17-24 Repeat counts 1-8
25-32 Repeat counts 9-15 but on count 16 step forward on left

STOMP RIGHT, LEFT, HEEL BOUNCES WITH HIPS HAND MOVEMENTS

33-34 Stomp right foot to right side, stomp left foot to left side (splay right hand forward, then left)
35-40 Six heel bounces while rotating hips to the left over 6 counts (hands following the same as hips) - lean opposite way to hips for extra effect!

STEP, HOLD, ½ PIVOT, HOLD, 4 WALKS WITH HAND FLICKS

41-42 Step forward on right foot, hold
43-44 Pivot ½ turn left, hold
45-48 Walk forward right, left, right, left

Flick hand movements in front of body flicking upwards towards the ceiling on beats 5,6,7,8. Your hands should be at waist height on 5, chest height on 6, head on 7, above head on 8

TOUCH FORWARD, HOLD, HIP ROLLS, ROCK BACK, RECOVER

49-50 Touch right toe forward with right knee bent (weight on left), hold
51-54 Roll hips round to the right twice (weight is on left foot and right toe is still in front)
55-56 Rock back on right foot, recover weight forward onto left foot

STEP/LEAN FORWARD, HOLD, ¼ TURN, HOLD, RIGHT SHIMMY 2,3,4

57-58 Step forward on a right bended knee leaning forward, hold
59-60 Pivot ¼ turn left and step left foot beside right, hold
61-64 Step right foot to right side and shimmy shoulders & hips over 3 counts, step left foot next to right

STEP/LEAN FORWARD, HOLD, ¼ TURN, HOLD, 2 JUMPS FORWARD

65-68 Repeat counts 57-60
&69-70 Jump forward right-left, hold and click fingers with arms in the air
&71-72 Jump forward right-left, hold and click fingers with arms in the air

Hip shakes can be added for styling

73-88 Repeat counts 57-72

WALK BACK RIGHT, LEFT, RIGHT, ¼ TURN, SHIMMY ¼

89-92 Walk back right, left, right, turn ¼ left and step left foot to side (lean forward during walks back)
93-96 Bend knees down, shimmy ¼ turn left slowly rising up over 3 counts clicking fingers (weight is on left)

You will be facing the front right diagonal during the walks back. You then turn and shimmy to end facing your original starting position, facing the back, right diagonal

BRIDGE

JAZZ BOX ¼ TURN, SIDE-ROCK, ¼ ROCK, JAZZ BOX ON THE SPOT, SIDE-ROCK, ¼ ROCK, JAZZ BOX ON THE SPOT, SIDE-ROCK, ¼ ROCK, POINT, CROSS, POINT, HOOK

1-2 (Turning jazz box) cross step right over left, step back on left
3-4 Turn ¼ right and step forward on right, step left together
5-6 Rock right foot to right side, recover weight onto left foot
7-8 Turn ¼ right and rock back on right, recover weight forward onto left foot
9-10 (Jazz box) cross step right over left, step back on left
11-12 Step right to right side, step left together
13-14 Rock right foot to right side, recover weight onto left foot
15-16 Turn ¼ right and rock back on right, recover weight forward onto left foot
17-24 Repeat 9-16

25-26 Point right toe to right side, cross step right foot over left

27-28 Point left toe to left side, hook/flick left foot behind right

The dance finishes with 2 extra counts. Make a ½ turn left stepping right foot to right side while raising right arm up Step left foot to left side while raising left arm up. This finishes the dance on the last B.
