Shaking That Boogie

級數: Improver

編舞者: Rob Fowler (ES) & Gary Lafferty (UK)

音樂: Shaking that Boogie - Ray Collins' Hot-Club

KICK-BALL-CHANGE, STOMP, CLAP (TWICE)

1&2 Right kick-ball-change

拍數: 48

- 3-4 Stomp right foot forward, hold/clap
- 5&6 Left kick-ball-change
- 7-8 Stomp left foot forward, hold/clap

CROSS-STRUT, BACK-STRUT, WEAVE TO RIGHT

- 1-2 Cross-touch right foot over left, lower right heel to floor
- 3-4 Touch left foot back, lower left heel to floor
- 5-6 Step to right on right foot, cross-step left foot over right
- 7-8 Step to right on right foot, cross-step left foot behind right

BUMP RIGHT, HOLD, BUMP LEFT, HOLD, BUMP RIGHT-LEFT-RIGHT, HOLD

- 1-2 Step to right on right foot bumping hips to right, hold
- 3-4 Bump hips to left, hold
- 5-8 Bumps hips to right, then left, then right, hold

1/4 TURN, HOLD, 1/4 TURN, HOLD, BUMP LEFT-RIGHT-LEFT-RIGHT

- 1-2 Turn 1/4 left stepping forward onto left foot, hold
- 3-4 Turn 1/4 left stepping to right on right foot, hold
- 5-6 Bump hips to left, bump hips to right
- 7-8 Bump hips to left, bump hips to right

GRAPEVINE TO LEFT WITH ¼ TURN & BRUSH, STEP FORWARD, HOLD, ½ TURN, HOLD

- Step to left on left foot, cross-step right foot behind left 1-2
- 3-4 Turn 1/4 left stepping forward onto left foot, brush right foot forward
- 5-6 Step forward on right foot, hold
- Pivot ¹/₂ turn to left hold 7-8

HEEL-GRIND, STEP, HOLD (TWICE)

- Step across (in front of) left onto right heel toes pointed 45 degrees to left 1
- 2 Swivel on the right heel so that left foot moves to the left. & right toes now pointing diagonally right
- 3 Cross-step right foot over left
- 4 Hold
- 5 Step across (in front of) right onto left heel - toes pointed 45 degrees to right
- 6 Swivel on the left heel so that right foot moves to the right, & left toes now pointing diagonally left
- 7 Cross-step left foot over right
- 8 Hold

REPEAT

Music is available on a Ray Collins Hot Club CD called "Shaking That Boogie". It can be obtained via their website (www.the-hot-club.com) or from their record label Vinyl Japan (www.vinyljapan.com/0207 284 0359)





牆數: 4