

Shakin The Shack

COPPER KNOB
STEPPERS

拍數: 48 牆數: 1 級數: Intermediate / Advanced
編舞者: Jenifer Wolf (CAN)
音樂: Shakin' The Shack - The Fantastic Shakers



SHUFFLE, SHUFFLE, STEP, ½ TURN, STEP, STEP

- 1&2 Right shuffle forward (right, left, right)
- 3&4 Left shuffle forward (left, right, left)
- 5-6 Step forward right, ½ turn left on left (weight on left)
- 7-8 Step forward right, step forward left, beside right

STEP FORWARD, SCUFF, HEEL, STEP, STEP, BUMP

- 1 Step forward right
- 2& Scuff left beside right, lift right heel
- 3-4 Step back on left, step back on right, beside left (weight on right)
- 5-8 Bump right hip, 3 times, bump left hip 1 time (weight on left)

HIP, STEP, TOGETHER, HOLD, HIP, STEP, TOGETHER, HOLD

- 1 Forward on ball of right as you push right hip out (diagonal left, both hands at shoulder height & snap fingers)
- 2 Step in place on right (facing front)
- 3-4 Step left forward beside right, hold
- 5 Forward on ball of left as you push left hip out (diagonal right, both hands at shoulder height & snap fingers)
- 6 Step in place on left (body facing front)
- 7-8 Step right forward beside left, hold

HIP, STEP, TOGETHER, HOLD, HIP, TOGETHER, STEP ½ TURN

- 1 Forward on ball of right as you push right hip out (diagonal left, both hands at shoulder height & snap fingers)
- 2 Step in place on right (facing front)
- 3-4 Step left forward beside right, hold
- 5 Forward on ball of left as you push left hip out (diagonal right, both hands at shoulder height & snap fingers)
- 6 Step back left beside right (facing front)
- 7-8 Step forward right, turn ½ left on left (weight on left)

SHIMMY RIGHT, SHIMMY LEFT

- 1-2 Step right to right side, (a wider step & shimmy, both arms straight down at sides)
- 3-4 Step left beside right side., hold (snap fingers)
- 5-6 Step left to left side, (a wider step & shimmy, both arms straight down at sides)
- 7-8 Step right beside left, hold (snap fingers)

FOUR SMALL STEPS, STEP, TURN ½, STEP, TURN ½

- 1-2 Forward right, forward left (very small steps)
- 3-4 Forward right, forward left (very small steps)
- 5-6 Step forward on right, turn ½ left on left (weight on left)
- 7-8 Step forward on right, turn ½ left on left (weight on left)

REPEAT

At beginning of "Shakin' The Shack" by The Fantastic Shakers:

- 1-4 Push right hip out and hold (weight on right)

5-8 Push left hip out and hold (weight on left)
9-16 Repeat 1-8
