# Shall We Sway



拍數: 0 牆數: 0 級數:

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音樂: Sway - The Pussycat Dolls



Sequence: AB, AA, B&, AA

#### PART A

### FORWARD, SIDE, BEHIND, SIDE, CROSS ROCK

1-4 (SQQ) Step left foot forward, hold, step right foot to right side, step left foot behind right foot 5-8 (SQQ) Step right foot to right side, hold, cross left foot in front of right foot, replace weight to

right foot

## RONDÉ TURN, BACK ROCK

9-10 (S) Rondé left foot from front to back while turning ½ turn to the left

11-12 (QQ) Rock back on left foot, replace weight to right foot

### RUMBA BOX, PREP FOR TURN

13-16 (SQQ) Step left foot forward, hold, step right foot to right side, step left foot together
17-20 (SQQ) Step right foot back, hold, step left foot to left side, step right foot in place with toe turned out

#### PENCIL TURN, BACK ROCK

21-22 (S) Turn ¾ to the right and step the left foot next to the right foot, hold (QQ) Rock back on the right foot, replace weight to the left foot

## SWAY, BREAK

(SQQ) Step right foot to side and upper body sway to the right, hold, upper body sway to the left, turn ¼ to the right and step right foot forward
(S) Step left foot next to right foot, hold
(QQ) Hold, step right foot slightly back

#### HALF BOX, TURN RIGHT THEN LEFT

33-36 (SQQ) Step left foot forward, hold, step right foot to right side, step left foot together
37-40 (SQQ) Turn ¼ right and step right foot forward, hold, step left foot forward with toe turned out, turn ½ to the left and step right foot back

## SIDE, BACK ROCK

41-44 (SQQ) Turn ¼ to the left and step left foot to the side, hold, rock back on right foot, replace weight to left foot

### FORWARD, FRONT ROCK, BACK, BACK ROCK, SIDE, TOGETHER, BACK

45-48 (SQQ) Step right foot forward, hold, rock forward on left foot, replace weight to right foot (SQQ) Step left foot back, hold, rock back on right foot, replace weight to left foot 53-56 (SQQ) Step right foot to side, hold, step left foot together, step right foot back

#### 1/4 TURNING BOX, BREAK

57-60 (SQQ) Step left foot forward with toe turned out, hold, turn ¼ left and step right foot to the side, step left foot together

61-62 (S) Step right foot to the side, hold

63-64 (QQ) Hold, hold

## **PART B**

## **DOUBLE CORTÉ WITH 1/4 TURNS**

1-2	(S) Lunge forward onto left foot, hold
3-4	(S) Replace weight to right foot, hold
5-6	(QQ) Step left foot back with toe turned in, turn ¼ to the right and step right foot to the side
7-8	(S) Step left foot together, hold
9-10	(S) Lunge forward onto right foot, hold
11-12	(S) Replace weight to left foot, hold
13-14	(QQ) Step right foot back with toe turned in, turn 1/4 to the left and step left foot to the side
15-16	(S) Step right foot together, hold

## PROGRESSIVE SECOND POSITION BREAKS

17-20	(SQQ) Step left foot forward, hold, rock right foot to the right side, replace weight to left foot
21-24	(SQQ) Step right foot forward, hold, rock left foot to the left side, replace weight to the right
	foot

On the second time through Part B, when it is called B&, repeat those 8 counts a second time

## **BACK 1/4 TURNING BOX**

25-28	(SQQ) Step left foot back, hold, step right foot back with toe turned in, turn $\frac{1}{4}$ to the left and step left foot to the side
29-30	(S) Step right foot together, hold
31-32	(QQ) Hold, hold

## PART B&

Part B& is the same as Part B, except counts 17-24 are done twice instead of once