

She Can't Fix Grits

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Lesley Clark (SCO)
音樂: She Can't Fix Grits - The Shagtime Band



SIDE SHUFFLE, ROCK, RECOVER, ½ TURN SHUFFLE, SIDE SHUFFLE

1&2 Shuffle to right side, on a right, left, right
3-4 Rock back on left, recover on right
5&6 ½ turn shuffle right, on a left, right, left
7&8 Shuffle to right side, on a right, left, right

ROCK, RECOVER, ¼ TURN, SHUFFLE, ROCK, RECOVER, SHUFFLE

1-2 Rock back on left, recover on right
3&4 ¼ turn right shuffling back, on a left, right, left
5-6 Rock back on right, recover on left
7&8 Shuffle forward on a right, left, right

ROCK, RECOVER, ½ TURN SHUFFLE TWICE, COASTER STEP

1-2 Rock forward on left, recover on right
3&4 ½ turn shuffle left, on a left, right, left
5&6 ½ turn shuffle left, on a right, left, right
7&8 Left coaster step back

TOUCH, SAILOR SHUFFLE, RIGHT, LEFT

1-2 Touch right toe forward, touch to right side
3&4 Right sailor shuffle
5-6 Touch left toe forward, touch to left side
7&8 Left sailor shuffle

STEP, HOLD, STEP, HOLD, STEP, HOLD, STEP, HOLD

1-2 Step forward right, hold
&3-4 Step left behind right, step forward right, hold
5-6 Step forward left, hold
&7-8 Step right behind left, step forward left, hold

ROCK, RECOVER, ½ TURN SHUFFLE, RIGHT, LEFT

1-2 Rock forward right, recover on left
3&4 ½ turn right shuffle forward, on a right, left, right
5-6 Rock forward left, recover on right
7&8 ½ turn left shuffle forward, on a left, right, left

ROCK, RECOVER, CROSS SHUFFLE, RIGHT, LEFT

1-2 Rock out to right side, recover on left
3&4 Cross shuffle left, on a right, left, right
5-6 Rock out to left side, recover on right
7&8 Cross shuffle right, on a left, right, left

TOUCH, STEP, TOUCH, STEP, HEEL SWITCHES, TOUCH, HOLD, CLAP

1-2 Touch right out to right side, bring back in place
3-4 Touch left out to left side, bring back in place
5&6 Right heel forward, bring back in place, left heel forward

&7&8

Step left back in place, touch right toe next to left, hold and clap

REPEAT
