She Lied



拍數: 48 牆數: 0 級數:

編舞者: Stompin Steve Knowles (UK) 音樂: Hello, She Lied - Rick Vincent



1-4	Shuffle to right side (right, left, right), rock left foot behind right, rock weight forward onto right foot
5-8	Step forward on left foot, pivot ½ turn right, repeat
9-12 13-16	Shuffle forward (left, right, left), rock step forward on right foot, rock weight back onto left foot Shuffle back (right, left, right), rock step back on left foot, rock weight forward onto right foot
17-20 21-24	Shuffle to left side (left, right, left), rock right foot behind left, rock weight forward onto left foot Step forward on right foot, pivot ½ turn left, repeat
25-28	Shuffle forward (right, left, right), rock step forward on left foot, rock weight back onto right foot
29-32	Shuffle back (left, right, left), rock step back on right foot, rock weight forward onto left foot
33-36	Shuffle to right side (right, left, right), rock step back on left foot making a ¼ turn left, rock weight forward onto right foot

KICK-BALL-TURNS

37&38 39&40	Kick left foot forward, step left foot beside right, step right foot a ¼ turn right Repeat 37&38
41-42	Rock step forward on left foot, rock weight back onto right foot
43&44	Step back on left foot, step right foot beside left, step forward on left foot
45-48	Kick right foot 45 degree forward right, step right foot over left foot, unwind ½ turn left, clap

REPEAT