Shimmy-Shimmy

級數: Beginner

編舞者: Judy Smith

拍數: 32

音樂: Baby Likes to Rock It - The Tractors

SHUFFLE FORWARD RIGHT, LEFT, RIGHT, LEFT (4 TIMES):

1-8 Right, left, right; left, right, left; right, left, right; left, right, left

TOE-HEEL DROPS RIGHT, LEFT, RIGHT, LEFT (4 TIMES):

- 9-10 Cross & place right toe in front of the left foot. Drop right heel to the floor.
- 11-12 Left toe out to side. Drop left heel to the floor.
- Cross & place right toe in front of the left foot. Drop right heel to the floor. 13-14
- Left toe out to side. Drop left heel to the floor. 15-16

SHIMMY (DO TWO):

- 17-19 Step right foot to right outside. Slide left toe to meet right foot (& shimmy shoulders).
- 20 Step left foot beside the right.
- 21-23 Step right foot to right outside. Slide left toe to meet right foot (& shimmy shoulders).
- Step left foot beside the right. 24

JAZZ BOX, PIVOT ¼ TURN RIGHT, JAZZ BOX:

- Step right foot across in front of left. Step left foot back. 25-26
- 27-28 Step right foot into 1/4 turn right. Step left foot beside the right.
- Step right foot across in front of left. Step left foot back. 29-30
- 31-32 Step right foot to right outside. Step left foot beside the right.

REPEAT





牆數:4