Shirley's Sugar Shack



拍數: 52 編數: Intermediate

編舞者: John Bishop (AUS)

音樂: Shirley's Sugar Shack - Red Johnson



CROSS-AND-HEEL-AND-CROSS-AND-HEEL, AND-CROSS, UNWIND 34, SAILOR STEP

1&2	Cross/step right over left, step left slight	ly back, touch right heel forward at 45 degrees right

& Step ball of right back

3&4 Cross/step left over right, step right slightly back, touch left heel forward at 45 degrees left

& Step ball of left back

5-6 Cross/step right over left, unwind ¾ turn (¾) left leaving weight on right

7 Left sailor step: swing left leg around and cross/step behind right

&8 Step right to side, step left to side

MOVING FORWARD: TWO CROSS SAMBAS; ROCK, RECOVER, HALF TURN, WALK, WALK

1&2	Cross/ball step right over left, rock/step left to side, side rock onto right
3&4	Cross/ball step left over right, rock/step right to side, side rock onto left
5-6&	Rock/step right forward, rock back onto left, turn ½ turn(½) right on ball of left

7-8 Step right forward, step left forward

SHUFFLE FORWARD AND-TAP-SCOOT-STEP, COASTER STEP, PADDLE TURN

1&2&	Shuffle forward right, left, right; step (hop onto) slightly forward left
3&4	Tap right toes straight back, scoot back on left, step back onto right

5&6 Step left back, step right together, step left forward

7-8 Step right forward, pivot ¼ turn(¼) left changing weight to left

CROSS SHUFFLE, SIDE SHUFFLE, ROCK BACK, FORWARD, KICK-BALL-CROSS

3&4 Side shuffle: step left to side, step right together, step left to side

5-6 Rock/step right back, rock/recover forward onto left

7&8 Kick right at 45 degrees right, step down onto ball of right, cross/step left over right

HALF TURN (1/2) LEFT IN TWO STEPS (RIGHT, LEFT)

1-2 Step right back turning ¼ turn(¼) left, step left to side turning ¼ turn (¼) left

Restart from here on wall 3

CROSS SHUFFLE, SIDE SHUFFLE, ROCK BACK, FORWARD, KICK-BALL-CROSS (SAME AS SECTION 4 ABOVE)

1&2	Cross shuffle:	cross/step right ove	r left, step left to si	de, cross/step right over left

3&4 Side shuffle: step left to side, step right together, step left to side

5-6 Rock/step right back, rock/recover forward onto left

7&8 Kick right at 45 degrees right, step down onto ball of right, cross/step left over right

THREE QUARTER (%) TURN LEFT IN TWO STEPS (RIGHT, LEFT)

1-2 Step right back turning ¼ turn(¼) left, step left to side turning ½ turn(½) left

Ending goes here at the end of the song

ROCKING CHAIR, FOUR DRAG STEPS THREE-QUARTERS (3/4) LEFT

1-2 Rock/step right forward, rock/recover back onto left
3-4 Rock/step right back, rock/recover forward onto left

The next 4 counts are a kind of 'running man' motion turning ¾ turn (¾) left to new wall

&5 Drag back slightly on left, step onto right turning ¼ turn (¼) left

&6	Drag back slightly on right, step onto left turning ¼ turn (¼) left
&7	Drag back slightly on left, step onto right turning ¼ turn (¼) left
&8	Drag back slightly on right, step onto left

REPEAT

RESTART

On wall 3, restart the dance after count 34 (end of section 5) facing the front (12:00)

ENDING

When the music ends, you will be doing section 7 ($\frac{3}{4}$ turn) - change the $\frac{3}{4}$ turn to be a $\frac{1}{2}$ turn and step onto the left foot facing the front to finish