Shooting Stars

級數: Beginner

編舞者: Caroliners

拍數: 32

音樂: Superstar - Jamelia

GRAPEVINE RIGHT, HITCH & CLAP, HIP BUMPS

- Grapevine to right ending in hitch left and clap on count 4 1-4
- 5-8 Hip bumps left, right, left, right (weight finis hes on right foot)

GRAPEVINE LEFT, HITCH & CLAP, HIP BUMPS

- 9-12 Grapevine to left ending in hitch right and clap on count 12
- 13-16 Hip bump right, left, right, left (weight finishes on left foot)

3/4 TURN LEFT WITH DIAGONAL HEEL DIGS EACH 1/4 TURN

- 17-18 Diagonal heel dig right foot (bend supporting knee each time) and step right beside left turning to left
- 19-20 Diagonal heel dig left and step left beside right

Gradually turn counts 19-20 a total of ³/₄ to your left

21-22 Diagonal heel dig right turning and step right beside left

Squaring up to your new wall

23-24 Diagonal heel dig left turning and close left beside right

HEEL, HITCH, HEEL REPLACE, RIGHT THEN LEFT FOOT

- 28-32 Right heel out to diagonal right, hitch in front and across left, turn out and face knee to right, replace heel to position as count 28 and then replace right foot next to left (as in The Alpine)
- 28-32 Repeat heel, hitch heel close sequence with left foot

With funky music you can try these fun arms:

As you place right heel forward bring right fist up and diagonally back towards shoulder with elbow bent and with left arm stretch diagonally down making a fist with hand, then as you hitch, reverse arm position i.e. Right then moves to down position passing hands at about waist height

REPEAT





牆數: 4