# Shut It



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Craig Cooke (UK)

音樂: Shut Up - Black Eyed Peas



#### **WALK & SHOULDER SHAKING**

1	Touch ball of left foot forward	
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2 Place heel and weight down on left foot

3 Touch ball of right foot forward

4 Place heel and weight down on right foot

5 Touch ball of left foot forward

6 Place heel and weight down on left foot

7 Touch ball of right foot forward

8 Place heel and weight down on right foot

On steps 1-8, while walking forward, shake shoulders

#### **POINTS & LARGE STEP**

1&2 Pc	oint left foot to left side.	step left in place.	point right to right side
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& Step right in place

3-4 Take large step back onto left & drag right back to left

Point right to right side, step right in place ,point left to left side

& Step left in place

7-8 Take large step forward onto right & drag left up to right

## ROCK &BEHIND AND IN FRONT, ROCK AND BEHIND AND 1/4 TURN

1-2	Rock left out to left side, recover onto	riaht

3&4 Step left behind right, step right-to-right side, step left over right

5-6 Rock right out to right side, recover onto left

7&8 Step right behind left, step left foot forward making ¼ turn left, step right next to left

# TOUCH & TOUCH STEP SLIDE, ROCK AND COASTER STEP

1&2 Touch left toe forward, step left in place, touch right foot forward

& Step right foot in place

3-4 Take big step forward on left foot, slide right up to left

5-6 Rock forward onto right foot, recover onto left

7&8 Step back on right foot, step left next to right, step forward onto right foot

### **REPEAT**