Sidewinder Swing (L/P)



拍數: 36 編數: 4 級數: Intermediate line/partner dance

編舞者: Ian Ray (UK) & Sue Ray (UK) 音樂: The Tulsa Shuffle - The Tractors



Position: Side by side (man on lady's left, holding right hands in front)

CROSSOVERS

1-4 **MAN:** Left triple, rock back on right, forward on left

LADY: Right triple, rock back on left, forward on right

5-6 **MAN:** Right triple

LADY: Left triple, passing diagonally to the left, in front of man, turning 1/4 to right, going under

man's right arm

7-8 **MAN:** Rock back on left, forward on right

LADY: Rock back on right, forward on left (now at right angle to man)

SWEETHEART POSITION

9-10 **MAN:** Left triple turning ½ turn left, into sweetheart

LADY: Right triple forward turning ½ turn to left coming into sweetheart position next to man

11-12 MAN: Rock back on right, forward on left

LADY: Rock back on left, forward on right

CROSSING HANDS

13-14 MAN: Right triple on the spot, raising left hand over lady's head, end up facing lady with

hands crossed, left hand on top.

LADY: Still holding hands, raise left hands over the lady's head as she does a left triple

forward, turning½ turn to her right, end up facing man with hands crossed, left hands on top

15-16 MAN: Rock back on left, forward on right

LADY: Rock back on right, forward on left

HAIRBRUSH (ARM MOVEMENT)

17-18 MAN: Left triple towards lady, sweeping left hand up and over lady's head, releasing hold

once at back of lady's head, resuming hold under right

LADY: Right triple towards man, sweeping left hand up and over lady's head, releasing hold

once at back of lady's head, resuming hold under right

19-20 MAN: Right triple on the spot, sweeping right hand over lady's head, releasing hold once at

back of head, (as with left)

LADY: Left triple on the spot, sweeping right hand over lady's head, releasing hold once at

back of head, (as with left)

21-22 MAN: Rock back on left, release left hands and pick up lady's left with man's right and lady's

right with man's left, rock forward on right

LADY: As you rock back on right, release left hands and pick up man's left with lady's right

and man's right with lady's left, rock forward on left

BOW (ARM MOVEMENT)

23-24 MAN: Left triple turning 1/8th to the left, still holding hands, lift left hand and lower behind

head, then release

LADY: Right triple turning 1/8th to the left, still holding hands, lift left hand and lower behind

head then release

25-26 **MAN:** Right triple on the spot, sliding right hand down lady's right arm.

LADY: Left triple away from man, sliding right hand down his right arm

27-28 MAN: Rock back on left, forward on right, catching hold of lady's right hand with man's right

hand.

27-28 LADY: Rock back on right, forward on left, catching hold of man's right hand with lady's right

hand

SWEETHEART POSITION

29-30 MAN: Left triple turning 1/8th to right into sweetheart position

LADY: Right triple forward turning to left, back beside man

31-32 **MAN:** Rock back on right, forward on left in sweetheart position

LADY: Rock back on left, forward on right

LADY TURN

33-34 MAN: Release left hands, right triple on the spot

LADY: Release left hands, left triple turn one full turn to right

35-36 MAN: Rock back on left, forward on right

LADY: Rock back on right, forward on left

REPEAT