A Sight 2 See!

拍數: 32

級數: Improver mixer dance

編舞者: Steve Rutter (UK)

音樂: When I'm Cleaning Windows - George Formby

CHARLESTON STEPS, MAMBO ROCKS

- 1-2 Touch right toe forward, step back on right
- 3-4 Touch left toe back, step forward on left
- 5&6 Rock right-to-right side, recover weight onto left, close right beside left
- 7&8 Rock left-to-left side, recover weight onto right, close left beside right

CHARLESTON STEPS, STEP FORWARD, PIVOT ½ TURN LEFT, STEP FORWARD, STEP FORWARD, PIVOT ½ TURN RIGHT, STEP FORWARD

- 9-12 Repeat steps 1-4 (in section 1)
- 13&14 Step forward on right, pivot a half turn left, step forward on right
- 15&16 Step forward on left, pivot a half turn right, step forward on left

HIP WALKS, MAMBO ROCKS

- 17&18 Step forward on right bumping hips right, left, right
- 19&20 Step forward on left bumping hips left, right, left
- 21&22 Rock forward on right, recover weight back onto left, close right beside left
- 23&24 Rock back on left, recover weight forward onto right, close left beside right

WALK AROUND IN A CIRCLE, WALK FORWARD (OR ROUND TO BACK OF QUEUE)

25-28 Walk around in a full circle stepping on right, left, right, left

29-32 Walk forward on right, left, right, left (unless you're the person at the front of queue)

If you are the person at the front of queue do the following:

29-32 Turn a half turn right and walk down right hand side of queue towards back of it stepping forward on right, left, right

You should be now near back so make half turn right stepping left beside right and you should now be at the back of the queue

REPEAT

This dance is a fun line dance, Music be done in "school dinner queues", 1 person behind the other. A queue of about 5 people is best as you won't get down a long line to back of queue in 4 counts, which is what is needed. So when teaching this dance, arrange the class so that several rows of about 5 people are formed. It is just a fun dance, choreographed for a special charity dance in aid of Edward Davies, a little boy (4 years old at time of writing) diagnosed with autistic spectrum disorder. he should, after the money has been raised, be able to go to America for treatment that he needs. Last but not least, please enjoy & have lots of fun with this dance!





牆數:1