

Silver Wings

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Jerry Cope (USA)
音樂: Look at Us - Vince Gill



This dance can be used for a wide range of music speeds by minimizing or emphasizing such components as length of moves and steps, extra body moves, etc. It is comfortable with a ballad of 70-120 BPM, or to fast tunes at 160-240 BPM, counted in "cut time". Slow moving or "frisky" works just fine

CROSS STEP, HOLD & CLAP, SYNCOPATED SIDE STEP LEFT, COASTER, RIGHT PIVOTS

- 1-2 Cross right foot over left and step, hold and clap hands
- &3 Step to the left on left foot, step back on right foot
- &4 Step left foot next to right, step forward on right foot
- 5-6 Step forward on left foot, pivot ½ turn right on ball of left foot and shift weight to right foot
- 7-8 Repeat 5-6

CROSS STEP, HOLD & CLAP, SYNCOPATED SIDE STEP RIGHT, COASTER, LEFT PIVOTS

- 9-10 Cross left foot over right and step, hold and clap hands
- &11 Step to the right on right foot, step back on left foot
- &12 Step right foot next to left, step forward on left foot
- 13-14 Pivot ½ turn left on ball of right foot and shift weight to left foot
- 15-16 Repeat 13-14

RIGHT ROLLING TURN, CROSS ROCK STEPS, SYNCOPATED CROSSING STEPS LEFT

- 17 Step to the right on right foot and begin a full right rolling turn traveling to the right
- 18 Step on left foot and continue full rolling turn
- 19 Step on right foot and complete full rolling turn
- 20-21 Cross left foot over right and step with a long step on left foot, rock back onto right foot
- 22& Step to the left on left foot, brush right foot forward
- 23& Cross right foot over left foot and step, step to the left on left foot
- 24 Cross right foot over left and step

LEFT ROLLING TURN, CROSS ROCK STEPS, SYNCOPATED CROSSING STEPS RIGHT

- 25 Step to the left on left foot and begin a full left rolling turn traveling to the left
- 26 Step on right foot and continue full rolling turn
- 27 Step on left foot and complete full rolling turn
- 28-29 Cross right foot over left and step with a long step on right foot, rock back onto left foot
- 30& Step to the right on right foot, brush left foot forward
- 31& Cross left foot over right foot and step, step to the right on right foot
- 32 Cross left foot over right and step

CORKSCREWS, SIDE SHUFFLES

- & Sweep right foot around from behind left and cross right foot over left
- 33-34 Corkscrew one full left turn on these two beats (end with weight on left foot)
- 35&36 Shuffle sideways to the right (right, left, right)
- & Cross left foot over right
- 37-38 Corkscrew one full right turn on these two beats (weight ends on right foot)
- 39&40 Shuffle sideways to the left (left, right, left)

SYNCOPATED STEP-SLIDES FORWARD, ROCK STEPS, STEP BACK, CROSS, UNWIND

- 41 Step forward and diagonally to the right on right foot
- & Slide left foot up to and behind right heel

42 Step forward and diagonally to the right on right foot

& Slide left foot up to and behind right heel

43 Step forward and diagonally to the right on right foot

Beats 41-43 are done with an undulation, rhythmic, gliding motion

44 Cross left foot over right and step forward and diagonally to the right on left foot

45-46 Rock back onto right foot, step left foot back slightly behind right

47-48 Cross right foot over left, unwind $\frac{1}{2}$ turn left (weight on left foot)

REPEAT
