Sing Sing Sing



拍數: 32 牆數: 4 級數: Improver

編舞者: Rafel Corbí (ES)

音樂: Sing Sing Sing (feat. Ania Chow) - G-Swing



4 DIAGONAL STEPS FORWARD WITH ARM MOVEMENTS, PADDLE TURN

1& Turn 1/8 left and step left forward, touch right together

Straight arms pushing arms also to left diagonal

2& Turn ¼ right and step right forward, touch left together

Straight arms pushing arms also to right diagonal

3& Turn ¼ left and step left forward, touch right together

Straight arms pushing arms also to left diagonal
4 Turn 1/8 right and step right forward
Straight arms pushing arms also to right diagonal

5& Touch left toe forward, turn 1/8 right and step right together

6&7&8& Repeat 5& three more times (6:00)

4 DIAGONAL STEPS BACK WITH ARM MOVEMENTS, PADDLE TURN

9& Turn 1/8 left and step left back, touch right together

Straight arms pushing arms also to left diagonal

10& Turn ¼ right and step right back, touch left together

Straight arms pushing arms also to right diagonal

11& Turn ¼ left and step left back, touch right together

Straight arms pushing arms also to left diagonal

12& Turn ¼ right and step right back, turn 1/8 left and touch left together

Straight arms pushing arms also to right diagonal

Touch left toe to side, turn 1/8 left and step left together

14&15& Repeat 13& two more times

Touch left toe to side, turn 1/8 left and touch left together

TOUCH FORWARD & SIDE, TOUCH FORWARD AND STEP SIDE TWICE

Touch left toe diagonally forward, touch left toe to side
 Touch left toe diagonally forward, step left to side
 Touch right toe diagonally forward, touch right toe to side
 Touch right toe diagonally forward, step right to side

CHARLESTON STEPS, TOUCH, BACK, 1/4 TURN COASTER STEP

25-26 Touch left toe forward, step left back
27-28 Touch right toe back, step right forward
29-30 Touch left toe forward, step left back

31&32 Step right back, turn ¼ right and step left together, step right forward

REPEAT

In the middle of the music there's a 32 counts break where music falls down. Continue doing the dance as it comes back on the first count again