Singing In The Rain

級數: Intermediate

編舞者: Michael Haigh (UK)

拍數: 64

音樂: Singing In The Rain - Dave Sheriff

RIGHT ROCK BEHIND UNWIND, LEFT ROCK, SAILOR STEP (START ON THE WORD "SING") 1-2 Rock right foot out to right side, recover left in place

- 3&4 Cross right behind left and unwind ¹/₂ turn (weight ends on right foot)
- 5-6 Rock left out to side, recover right in place
- 7&8 Cross left behind right, step right to right side step left in place

RIGHT & LEFT LOCK STEPS WITH SCUFFS ROCK STEP TRIPLE TURN 1 ½

Optional arm movements: "hold your brolly out" as you turn

- Step right foot forward, close left foot behind right heel 1-2
- 3-4 Step right foot forward, scuff left foot forward
- 5-6 Step left foot forward, close right foot behind left heel
- 7-8 Step left foot forward scuff right foot forward
- 1-2 Rock forward on right foot recover on left
- 3&4 Turning over right shoulder making a ¹/₂ turn right, left, right
- 5&6 Turning over right shoulder complete another 1/2 turn left, right, left
- 7&8 Complete the ½ turn again right, left, right (you should be facing the wall where you started!)

KICK BALL CHANGE, KICK BALL CHANGE, ROCK STEP CROSS SHUFFLE RIGHT

- 1&2 Kick left foot forward, step quickly next to right foot, step right next to left
- 3&4 Kick left foot forward, step quickly next to right foot, step right next to left
- 5-6 Rock to left side on left foot, recover with right
- 7&8 Cross left foot over right, step right to side, cross left foot over right

RIGHT & LEFT TOE STRUTS WITH SIDE SHUFFLES, ROCK RECOVER

- 1-2 Strutting right place right toe to right side snap right heel down
- 3-4 Step left toe to right, snap left heel down
- 5&6 Chasse right
- 7-8 Rock back on left foot recover on right
- 1-2 Strutting left place left toe to left side snap left heel down
- 3-4 Step right toe to left, snap right heel down
- 5&6 Chasse left,
- 7-8 Rock back on right foot recover on left

WALK RIGHT, LEFT JUMP JUMP (AS IF JUMPING IN THE PUDDLES!)

- 1-4 Walk forward right, left jump out jump together
- 5-8 Walk forward right, left jump out jump together

RIGHT ROCK CROSS UNWIND 1/2 LEFT ROCK CROSS UNWIND 3/4

- 1-2 Rock right foot to right side recover on left
- 3&4 Cross right foot over left unwind 1/2
- 5-6 Rock left foot out to left side recover on right
- 7&8 Cross left foot over right unwind ³/₄ over left shoulder

REPEAT

It would be nice if the music was fitted to make it end on this with the words "I'm dancing & singing in the rain!" And palms up!





牆數: 4