Single Status



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Stephen Sunter (UK)

音樂: Single - Natasha Bedingfield



WALK, WALK, 1 3/4 TURN LEFT, BEHIND, SIDE, IN FRONT, SIDE, TOGETHER, 1/4 TURN RIGHT

1-2 Walk forward right, left

3&4&5 Make a 1 3⁄4 turn left on the spot, stepping right, left, right, left, step right to right side

6&7 Step left foot behind right, step right to right side, step left over right

8 Make a ¼ turn right stepping forward right

PIVOT ¾ TURN, SIDE STEP, BEHIND, SIDE, FRONT, PRESS, PUSH, BEHIND, SIDE, FRONT

9-10 Pivot ¾ turn right on ball of right foot, side step left to left side 11&12 Step right behind left, left to left side, cross step right over left

13-14 Press forward onto left foot on the left diagonal, push back and place weight onto right

15&16 Step left behind right, right to right side, step left over right

STEP, 3/4 TURN, SWEEP, ROCK & SIDE, ROCK & SIDE, BEHIND, TURN, SIDE, BEHIND

17-18 Step forward right, pivot ³/₄ turn left and sweep left foot round to face 6:00 wall

Rock left behind right, replace weight to right, large step left to left Rock right behind left, replace weight to right, large step right to right

Step left behind right, make ¼ turn right stepping forward
Make ¼ turn right and step left to side, step right behind left

SIDE ROCK, LEFT SAILOR, RIGHT SAILOR, BEHIND, ¼ TURN, STEP, BRUSH

25-26 Rock out to left on left foot, replace weight to right foot
27&28 Step left behind right, right to right, step left in place
29&30 Step right behind left, left to left, step right in place
31& Step left behind right, make ½ turn right stepping forward

32& Step forward left, brush right next to left

STEP PIVOT, TURN, ROCK, 1 1/2 TURN, ROCK, STEP BRUSH

33-34 Step forward right, pivot ½ turn left

35-36 Make ½ turn left and step back on right, rock back left

37-38 Replace weight to right, make ½ turn right and step back on left

&39 Make ½ turn right and step forward right, make ½ turn right and step back on left

&40& Rock back right, replace weight to left, brush right next to left

STEP FORWARD TWICE, STEP ½ PIVOT, FULL TURN, FORWARD, TOGETHER, BACK, TOGETHER

41-42 Step forward right, step forward left

43&44 Step forward right, pivot ½ turn left, step forward right

45&46 Make ½ turn right stepping back left, make ½ turn right and step forward right, step forward

left

47&48& Step forward right, step left next to right, step back right, step left next to right

REPEAT

RESTART

On 2nd wall, restart dance after count 40& On 3rd wall, restart dance after count 32&