

Six Hours To Brooklyn

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Kathy Hunyadi (USA)
音樂: Long Way from Brooklyn - Down to the Bone



This version is quite long (5:42) so fade it out around 4 minutes.
This dance is dedicated to all my good friends in Brooklyn, New York.

SIDE ROCK, RECOVER, SYNCOPATED WEAVE LEFT; SIDE ROCK RECOVER, SYNCOPATED WEAVE RIGHT WITH ¼ TURN RIGHT

1-2 Rock side right on right, recover weight to left
3&4 Cross step right behind left, step left to side, cross step right in front of left
5-6 Rock side left on left, recover weight to right
7&8 Cross step left behind right, turn ¼ right stepping forward on right, step forward on left

ROCK FORWARD ON RIGHT, RECOVER, RIGHT COASTER STEP; ½ TURN RIGHT, FULL TURN, STEP

1-2 Rock forward on right foot, recover weight to left
3&4 Step back on right, step left beside right, step right forward
5-6 Step forward on left foot, turn ½ to right, step right foot in place
7&8 Turn ½ right stepping back on left, turn ½ to right stepping forward on right, step forward on left

17-32 Repeat steps 1-16 above

JUMP FORWARD, BUMP HIPS, JUMP BACK, BUMP HIPS

&1 Take small "jazz" jump forward right, left (bring feet together)
2-3-4 Bump left hip left, right hip right, left hip left (bend your knees)
&5 Take small "jazz" jump back right, left (bring feet together)
6-7-8 Bump left hip left, right hip right, left hip left (bend your knees)

JAZZ BOX - TWICE WITH ¼ TURNS RIGHT

1-4 Cross step right in front of left, step back on left, turn ¼ right stepping forward on right, step forward on left
5-8 Repeat jazz box (for styling, bend slightly forward at hips and snap your fingers)

KICK BALL CHANGE, ¼ TURN RIGHT WITH KNEE ROLLS TWICE

1&2 Kick right foot forward, step back with ball of right, step in place with left
3-4 Roll right knee out to right as you turn ¼ to right, roll left knee in toward right
Feet are basically staying in place; just turn the toes out as you roll the knees to help with the turn
5-8 Repeat the right kick ball change & knee rolls turning ¼ right

LEFT ½ TURN, SHUFFLE FORWARD; RIGHT ¼ TURN, CROSSING SHUFFLE

1-2 Step forward on right and turn ½ to left, step left foot in place
3&4 Shuffle forward right, left right (this can be done as crossing triple too)
5-6 Step forward on left and turn ¼ to right, step right foot in place
7&8 Cross step left in front of right, step right to side, cross step left in front of right

REPEAT