Smoke Rings (P)



拍數: 48 牆數: 0 級數: Partner 編舞者: Trent Cummings (USA) & Mary Cummings (USA)

音樂: Smoke Rings In the Dark - Gary Allan



Position: Tandem (Indian) Position. Man behind the lady, hands joined at shoulder height of the lady. Partners facing LOD

RIGHT-LEFT-RIGHT STROLL STEPS FORWARD AT 45 DEGREES ANGLE RIGHT, TOUCH LEFT NEXT TO RIGHT

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- 2 Slide left foot next to right foot while swaying hips to the left
- 3 Step forward at 45 degrees angle right on right foot while swaying hips to the right
- 4 Touch left next to right foot

LEFT-RIGHT-LEFT STROLL STEPS FORWARD AT 45 DEGREES ANGLE LEFT, TOUCH RIGHT NEXT TO LEFT

	forward								

- 6 Slide right foot next to left foot while swaying hips to the right
- 7 Step forward at 45 degrees angle left on left foot while swaying hips to the left
- 8 Touch right foot next to left foot

5-COUNT RIGHT VINE, TOUCH LEFT IN FRONT OF RIGHT, TOUCH LEFT OUT TO LEFT SIDE, TOUCH LEFT BEHIND RIGHT

Slightly bend knees while doing right vine

9	Step to the right on right foot
10	Cross left foot behind right foot
11	Step to the right on right foot
12	Cross left foot behind right foot
13	Step to the right on right foot
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14 Touch toes of left foot in front of right foot
15 Touch toes of left foot out to left side
16 Touch toes of left foot behind right foot

5-COUNT LEFT VINE, TOUCH RIGHT IN FRONT OF LEFT, TOUCH RIGHT OUT TO RIGHT SIDE, TOUCH RIGHT BEHIND LEFT

Slightly bend knees while doing left vine

17	Step to the left on left foot
18	Cross right foot behind left foot
19	Step to the left on left foot
20	Cross right foot behind left foot
21	Step to the left on left foot

Touch toes of right foot in front of left foot
Touch toes of right foot out to right side
Touch toes of right foot behind left foot

RIGHT-LEFT-RIGHT STROLL STEPS FORWARD AT 45 DEGREES ANGLE RIGHT, TOUCH LEFT NEXT TO RIGHT

25	Step fo	rward at	45 deg	rees angle	right o	on right foo	t while sv	vaying hips	s to the right
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- Slide left foot next to right foot while swaying hips to the left
- Step forward at 45 degrees angle right on right foot while swaying hips to the right
- 28 Touch left next to right foot

LEFT-RIGHT-LEFT STROLL STEPS FORWARD AT 45 DEGREES ANGLE LEFT, TOUCH RIGHT NEXT TO LEFT

29 Step forward at 45 degrees angle left on left foot while swaying hips to the left

30 Slide right foot next to left foot while swaying hips to the right

31 Step forward at 45 degrees angle left on left foot while swaying hips to the left

32 Touch right foot next to left foot

At the touch, lower the left arms to waist level in preparation for the lady's turn to the right

MAN WALK FORWARD RIGHT, LEFT, RIGHT, HOLD, LADY FULL RIGHT-LEFT-RIGHT ROLLING (MOVING) TURN RIGHT (TO THE RIGHT) FORWARD, TOUCH LEFT NEXT TO RIGHT

Release the right hands. The lady does a full rolling turn to the right (to the right) forward along the LOD under the left arms

33 **MAN:** Step forward on right foot

LADY: Start full rolling turn right along LOD, stepping forward and around on right foot

34 MAN: Step forward on left foot

LADY: Step back and around on left foot

35 MAN: Step forward on right foot

LADY: Complete turn, stepping forward and around on right foot

36 MAN: Pause for one beat of music

LADY: Touch left foot next to right foot

Rejoin right hands, moving the hands back to shoulder height of the lady (tandem position)

MAN WALK FORWARD LEFT, RIGHT, LEFT, HOLD, LADY WALK FORWARD LEFT, RIGHT, LEFT, TOUCH RIGHT NEXT TO LEFT

37 MAN: Step forward on left foot

38

LADY: Step forward on left foot **MAN:** Step forward on right foot

LADY: Step forward on right foot

39 MAN: Step forward on left foot

LADY: Step forward on left foot

40 MAN: Pause for one beat of music

LADY: Touch right foot next to left foot

At the touch, raise the right arms so that the hands are above and in front of the lady's head in preparation for the lady's turn to the right

MAN WALK FORWARD RIGHT, LEFT, RIGHT, HOLD, LADY FULL RIGHT-LEFT-RIGHT ROLLING (MOVING) TURN RIGHT FORWARD ALONG THE LOD, TOUCH LEFT NEXT TO RIGHT

Release the left hands. The lady does a full rolling turn right (to the right) forward along LOD under the right arms

41 MAN: Step forward on right foot

LADY: Start full rolling turn right along LOD, stepping forward and around on right foot

42 **MAN:** Step forward on left foot

LADY: Step back and around on left foot

43 MAN: Step forward on right foot

LADY: Complete turn, stepping forward and around on right foot

44 MAN: Pause for one beat of music

LADY: Touch left foot next to right foot

Rejoin left hands, moving the hands back to shoulder height of the lady (tandem position)

MAN WALK FORWARD LEFT, RIGHT, LEFT, HOLD, LADY WALK FORWARD LEFT, RIGHT, LEFT, TOUCH RIGHT NEXT TO LEFT

45 MAN: Step forward on left foot

LADY: Step forward on left foot

46 **MAN:** Step forward on right foot

LADY: Step forward on right foot

47 **MAN:** Step forward on left foot

LADY: Step forward on left foot

48 **MAN:** Pause for one beat of music

LADY: Touch right foot next to left foot

REPEAT