

# Smokin' Cowboy

**COPPER KNOB**  
STEPSHEETS

拍數: 76      牆數: 2      級數: Advanced  
編舞者: "Rodeo" Ruth Lambden (UK)  
音樂: I'm a Cowboy - Smokin' Armadillos



## HEEL DIG-HITCH-HEEL-HITCH & VINE

1-2            Right heel dig forward: hitch right knee  
3-4            Right heel down crossing over left foot: hitch right knee  
5-6            Right foot steps to right: cross left foot behind  
7-8            Right foot steps to right: touch left foot next to right  
9-16           Repeat steps 1-8 on left

## JUMP & HEEL OUT (LEFT-RIGHT-LEFT-LEFT)

&17           Hop on left leg (leaning to left): touch right heel forward on right diagonal  
&18           Bring right foot to place: step left next to right  
&19           Hop on right leg (leaning to right); touch left heel forward on left diagonal  
&20           Bring left foot to place: step right next to left  
&21&22        Repeat counts &17 &18  
&23&24        Repeat counts &17 &18

## JUMP APART-TOGETHER WITH CROSS OVER & FULL TURN LEFT

25-26           Jump both feet apart: jump both feet in crossing right over left  
27-28           Unwind with full turn to left

## JUMP APART-TOGETHER WITH CROSS OVER & ½ TURN LEFT

29-30           Jump both feet apart: jump both feet in crossing right over left  
31-32           Unwind with ½ turn to left

## SHUFFLE FORWARD TWICE: SHUFFLE TO RIGHT: SHUFFLE TO LEFT

33&34           Shuffle forward on right-left-right  
35&36           Shuffle forward on left-right-left  
37&38           With ¼ turn right on first step shuffle right-left-right  
39&40           With ½ turn left on first step shuffle left-right-left

## OUT-OUT-IN-IN TWICE (KNEES BENT ON OUT STEPS)

41-42           With ¼ turn to right on right foot step out right: step out left  
43-44           Step right foot in: step left foot in  
45-48           Repeat counts 41-44 facing front

## STEP OUT-OUT: SLAP-SLAP & SHOOT ( KNEES BENT ON OUT STEPS)

49-50           Step right foot out to right side: step left foot out to left side  
51-52           Slap right hand to right buttock: slap left hand to left buttock  
53-54           Turn upper body to right & "shoot" behind with right hand twice  
55-56           Turn upper body to left & "shoot" behind with left hand twice

## 1 ½ TURNS TO LEFT TURNING OVER RIGHT SHOULDER

57-60           Turn back over right shoulder to left wall, stepping ½ turn with right foot: continue turning ½ with left foot: continue turning ½ with right foot: touch left foot next to right

## SHUFFLE FORWARD TWICE-STEP ½ TURN-STEP ½ TURN

61&62           Shuffle forward left-right-left  
63&64           Shuffle forward right-left-right

65-66 Step forward left foot & pivot ½ turn right  
67-68 Step forward left foot & pivot ½ turn right

### **SHIMMY-TURN & CLAP**

69-70 Step left foot to left side & shimmy shoulders  
71-72 Make ½ turn to left on ball of left foot & touch right foot next to left & clap hands

### **SHIMMY & CLAP**

73-74 Step right foot to right side & shimmy shoulders  
75-76 Slide left foot next to right & clap hands

### **REPEAT**

The choreographer (Ruth Lamden) states that on counts 57-60 the turn is over your right shoulder, to the left wall from your starting position and as an alternative to the full 1½ turn. You can do a grapevine left with ½ turn left & step to right

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