Softer The Touch



拍數: 0 牆數: 2 級數: Advanced

編舞者: Alice Lim (SG)

音樂: Softer the Touch - Atomic Kitten



Sequence: AABC, AABB, CCABB, BB

PART A

FORWARD KICK, BACK TOUCH 2X, KICK, BEHIND-SIDE-CROSS, TOUCH

1-2-3&4 Step right forward, kick left, step left back, touch right twice beside left leg

5-6&7-8 Kick right to side, step right behind left, step left to side, step right across left, touch left to

side

CROSS FULL TURN, BACK CROSS TOUCH, BEHIND TOUCH, CROSS, HEEL SWIVELS

1-2&3-4 Cross left over right, full turn to the right, step right slightly back, cross left over right, touch

right to side

5-6-7&8 Step right behind left, touch left to side, cross left over right & swivel both heels out then in

ROCK-STEP-BEHIND, 1/4 TURN RONDÉ 1/4 TURN, SIDE-BEHIND-1/4 TURN, FORWARD PIVOT 1/2 TURN

1&2-3-4 Rock right to side, replace on left, step right behind, step left forward making $\frac{1}{4}$ turn, rondé $\frac{1}{4}$

turn to the left

5&6-7-8 Step right to side, step left behind, step right forward with ¼ turn to the right, step left forward,

pivot ½ turn right

KICK-STEP- FORWARD, ½ TURN, ½ TURN, FORWARD, FLICK WITH ¼ TURN, FORWARD PIVOT ½ TURN

1&2-3-4 Kick left forward, step together, step right forward, ½ turn to the right stepping back on left, ½

turn stepping right forward

5-6-7-8 Step left forward, flick right leg back while making ¼ turn left, right forward, pivot ½ turn left

PART B

JUMP-TOUCH FORWARD & BACK, MONTEREY TURN & SIDE TOUCHES, 1/4 TURN, KICK-STEP-TOUCH WITH 1/4 TURN

&1&2 Jump small step forward on right, touch left beside right, jump back on left, touch right beside

left

3&4&5 Touch right to side, ½ turn to the right stepping right beside left, touch left to side, left

together, touch right to side

6-7&8 Step right together with ¼ turn to the right, kick left forward, step left beside right with ¼ turn

to the right, touch right to side

Hands

& Swing right lower arm up so that hand is above right shoulder, palm facing towards left

1 Bring left hand beside right elbow, palm facing down & elbow out to the side

& Swing left lower arm up

2 Bring right hand beside left elbow

BEHIND-SIDE-CROSS, TOUCH KICK, BEHIND-SIDE CROSS, HEEL TAP 2X

1&2-3-4 Step right behind, step left side, cross right over left, touch left beside right, kick left

diagonally forward

5&6-7-8 Step left behind, step right side, cross left over right, tap right heel beside left leg twice

BIG STEP-SLIDE, HOLD, BIG STEP-SLIDE, HOLD, CROSS-ROCK-STEP, CROSS-ROCK-STEP

1&2-3&4 Big step on right to the side-slide left towards right, hold & click fingers; repeat with left

5&6-7&8 Cross right over left, rock back on left, step right to side; repeat with left

Hands	
1	Push left palm out to left side straightening arm
2	Click fingers just a little above waist level
3	Push right palm out to right side
4	Click fingers
FORWARD PIVOT ½ TURN, 1/8 TURN TOUCH, PADDLE ¼ TURN 3X, TOUCH, HOLD 1-2-3 Right forward, pivot ½ turn left, touch right side making 1/8 turn to the left	
4-5-6	Paddle ¼ turn to the left 3 times
7-8	Touch right beside left making 1/8 turn, hold & click fingers at slightly above waist level
DADTO	
PART C	Ohan ta sinkt aids (lans an an Insana alimbh kant) atama laft ta nath an
1-2	Step to right side (legs open, knees slightly bent), stamp left together
3-4	Touch right to side, pop right knee towards left
Hands 1	Swing right arm & first to right side making a comi circle to the right
۱ &	Swing right arm & fist to right side making a semi-circle to the right
2	Swing semi-circle in opposite direction to bring fist in front of chest
2 3&	Bring left fist to meet right (both fists now in front of chest facing down)
	Roll right fist over left outwards (to the right) Punch right fist down diagonally left
4	Pulich right list down diagonally left
5-6	Make ¼ turn right stepping forward, step left beside right bending knees,
7&8	Straighten knees, twist both heels to the left (but upper torso to the right) making ¼ turn to the right, hold
Hands	
5	Circle right arm & fist one big circle to the right as you make the ¼ turn right
6	Bring both fists in front of chest, elbows down
7	Flex arms so that fists face downwards &elbows out to sides
&	Push left elbow to the side as if knocking somebody away
8	Bring both fists in front of chest again
9-10	Step right to side (legs open, knees slightly bent), step left together
11-12	Step right to side, hold
Hands	
9&	Move right shoulder up, then down while left goes up
10	Move both shoulders to neutral position
11&	Chop right hand down to side, chop left hand down to side
11	Cross right hand over left at the wrist, left on the outside
13-16 Hands	Pivot ¼ turn right, step forward on left, pivot ½ turn right, step left to side with ¼ turn
13	Swing right lower arm up so that hand is above right shoulder, palm facing to the left
14	Swing right arm down to side & at same time swing left arm up so that palm is facing to the right
15	Swing right lower arm up
16	Swing right arm down