Some Beach

拍數: 32

級數: Improver

編舞者: Ed Royko (USA)

音樂: Some Beach - Blake Shelton

MODIFIED BOX STEP

- 1-2 Step right foot to right side, step left foot next to right
- 3-4 Step back on right foot, touch left next to right
- 5-6 Step left foot to left side, touch right foot next to left
- 7-8 Rock back on right foot, recover forward on left

TOUCH, HOLD, TURN HOLD, SWIVEL, SWIVEL, SWIVEL, HOLD

- 9-10 Touch right toe forward, hold
- 11-12 On both toes, pivot ¼ turn to the left, hold
- 13-14 Swivel ¼ turn right, swivel ¼ turn left
- 15-16 Swivel ½ turn right, hold

TURNING VINE RIGHT AND LEFT

- 17-19 Moving sideways to the right, step right/left/right making full turn to the right
- 20 Touch left toe next to right foot
- 21-23 Moving sideways to the left, step left/right/left, full turn to the left
- 24 Touch right toe next to left foot

When facing the front and rear walls, that is walls 1, 3, 5, etc. After the rolling vine

- RIGHT ROCK, RECOVER, TURN, TURN, SHUFFLE FORWARD RIGHT AND LEFT
- 25-26 Rock back onto right foot, recover weight onto left foot
- 27-28 Moving forward step right/left making full turn to the left
- 29&30 Shuffle forward right/left/right
- 31&32 Shuffle forward left/right/left

When facing the side walls, that is walls 2, 4, 6, etc. After the rolling vine

- BOWING ROCK RECOVER, SHUFFLE RIGHT, LEFT UP DOWN TWICE
- 25-26 Rock back onto right foot and recover onto left foot while bowing forward, presenting hands palms up at thigh level
- 27&28 Shuffle forward right/left/right
- &29&30&31&32 Bring left foot forward and shimmy in place up and down and up and down, with weight ending up on left foot

REPEAT





牆數:4