Some Girls Dance

拍數: 32

級數: Improver samba

編舞者: Barry Durand (USA)

音樂: Some Girls Dance With Women - J.C. Chasez

2 X CROSS ROCK PULL BACK STATIONARY PIVOT

1&2 Weight on right turn body to diagonal right cross left over right rock, recover right, pull left back together and straighten legs with body slightly bent forward

Weight goes to left. Stay on diagonal. This action feels like a scoot back but you don't really go anywhere

3-4 Right forward pivot left not quite half a turn, step on left facing left diagonal

Weight on left

5&6 Cross right over left rock, recover left, pull right back together and straighten legs with body slightly bent forward

Weight goes to right. Stay on diagonal

7-8 Left forward pivot right not quite ¹/₄ turn so that you are again facing where you started (12:00)

Weight on right

SYNCOPATED VINE ¼ TURN, ¼ TURN SKATERS, ¼ TURNING COASTER

- 1&2& Cross in front left, side right, cross back left, side right with ¼ turn right
- 3-4 Weight on right do a ¼ turn to right with left leg to side left toe sweeping, cross left in front of right and step
- 5&6 Rock and cross by rock side right, recover left, cross in front right
- 7&8 Turning coaster by stepping side left, bring right together while turning ¼ turn right, step forward left

2 X KICK & TAPS, STATIONARY PIVOT PULL BACK

- 1&2 Kick right, step right, tap left
- 3&4 Kick left, step left, tap right

I like to do these facing a slight diagonal right, then left, and it is ok to travel these a little forward.

- 5-6 Stationary pivot stepping forward right, pivot ½ turn to left and step on left
- 7-8 Step forward right with pivot action again, pivot ½ turn to left but this time bring left together with right like the pull back from first

2X CROSS BALL CHANGE, CROSS STEP BACK, SIDE TRIPLE

- 1&2 Cross right, side left, slightly forward right (accent on 2)
- 3&4 Cross left, side right, slightly forward left (accent on 4)
- 5-6 Stepping forward start a jazz box by crossing right over left, step back left
- 7&8 Then side triple right, left, right

REPEAT

You can start right away after the strange intro which is actually 8 counts, but I think you will be more successful if you wait the first 32 after the intro

-- Barry





牆數:4