Somebody's Someone

級數: Improver

編舞者: Kirsty Heaton (UK)

拍數: 32

音樂: Somebody's Someone - Lonestar

Start dancing after first 32 counts, 1 beat before singing starts. Every 4 beats of music is 8 counts of choreography

SCUFF, STEP LOCK, SHUFFLE FORWARD, ROCK RECOVER

- 1-3 Scuff right next to left, step right forward, lock left behind right
- 4&5 Step right forward, step left together, step right forward
- 6-7 Rock forward onto left, recover weight onto right
- 8 Step back onto left (start of a left shuffle ¹/₂ turn)

SHUFFLE ½ TURN, ¼ TURN, FULL HINGE TURN, ROCK RECOVER, SIDE CLOSE

- &1-2 Step right beside left, step left (while turning ½), turn ¼ (left) onto right
- 3-4 (Full hinge turn over left shoulder), (pivoting on ball of right) turn ½ onto left (pivoting on ball of left) turn ½ onto right
- 5-6 Rock back onto left, recover weight on right
- 7&8 Step left to left side, close right beside left, step left to left side

For those who don't want to turn

3-4 Cross step left behind right, step right to right side

ROCK RECOVER, STEP PIVOT, SHUFFLE FORWARD, SHUFFLE FORWARD

- 1-2 Rock back onto right, recover weight on left
- 3-4 Step forward onto right, pivot ½ (over left shoulder)
- 5&6 (Right shuffle forward) step right forward, step left together, step right forward
- 7&8 (Left shuffle forward) step left forward, step right together, step left forward

RIGHT MAMBO, LEFT MAMBO STEP, PIVOT STEP FULL HINGE TURN

- 1&2 Rock right to right side, recover weight onto left, step right next to left
- 3&4 Rock left to left side, recover weight onto right, step left forward
- 5-6 Pivot ¹/₂ (over right shoulder), step left forward
- 7-8 (Full hinge turn over left shoulder), (pivoting on ball of left) turn ½ onto right (pivoting on ball of right) turn ½ onto left

For those who don't want to turn

7-8 Step forward right, left

REPEAT

TAG

- On 3rd wall after steps 1-7
- 8&1 (Shuffle back,) left, right, left
- 2&3 (Shuffle back) right, left, right
- 4 Step left beside right and restart the dance

RESTART

8

On 6th wall after steps 1-7

Step left back (without turning) and restart

This dance is dedicated to all the people who have lost family and/or friends due to the war in Iraq





牆數:4