

Sometimes

拍數: 32 牆數: 1 級數: Beginner
編舞者: Maureen Hearney (USA)
音樂: Just for the Touch of Your Hand - Shelby Lynne



SWAY, SWAY, SHUFFLE, SWAY, SWAY, SHUFFLE

1-2 Step left foot left and sway hips left, replace weight to right foot and sway hips right
3&4 Shuffle in place left, right, left
5-6 Step right foot right and sway hips right, replace weight to left foot and sway hips left
7&8 Shuffle in place right, left right

LOCK STEP, SHUFFLE, ROCK FORWARD, SHUFFLE BACK

1-2 Step left foot forward, step right foot diagonally behind left foot
3&4 Shuffle left, right left
5-6 Rock forward on right foot, return weight to left foot
7&8 Shuffle back right, left, right

ROCK BACK, SHUFFLE ½ TURN TO RIGHT, ROCK BACK, SHUFFLE ½ TURN TO THE LEFT

1-2 Rock back on left foot, return weight to right foot
3&4 Shuffle ½ turn to the right: left, right, left
5-6 Rock back on right foot, return weight to left foot
7&8 Shuffle ½ turn to the left: right, left, right

ROCK BACK, SHUFFLE, ROCK FORWARD

1-2 Rock back on left foot, return weight to right foot
3&4 Shuffle in place left, right, left
5-6 Rock forward on right foot, return weight to left foot
7&8 Shuffle in place right, left, right

REPEAT
