Soul Of A Sailor



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Noel Bradey (AUS)

音樂: Soul of a Sailor - Kenny Chesney



1/4 FORWARD, FORWARD, 1/2 PIVOT, SIDE, BEHIND, 1/4 FORWARD, FORWARD, BACK, CROSS, BACK, 1/2, FORWARD, 1/4 PIVOT

1	Turr	1/.	turn	right	etanning	right fo	rward (3:00))
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2&3 Step left forward, pivot turn ½ turn right, step left to left dragging right heel (9:00)

4&5 Cross/step right behind left, turn ½ turn left stepping left forward, rock/step right forward

(6:00)

6&7 (Traveling back on left diagonal) step left back at 45 degrees, cross/step right over left, step

left back at 45 degrees (6:00)

&8& Turn ½ turn right to step right forward, step left forward, pivot turn ¼ turn right (weight right)

(3:00)

CROSS, REPLACE, BALL, CROSS, FULL UNWIND, CROSS, REPLACE, BALL, 3/4 UNWIND

1-2 Cross/rock left over right, replace weight to right

&3-4 Step on ball of left beside right, cross/touch right over left, unwind full turn left (weight left)

(3:00)

5-6 Cross/rock right over left, replace weight to left

&7-8 Step on ball of right beside left, cross/touch left over right, unwind \(^4\) turn right (weight right)

(12:00)

BALL, BEHIND, ¼, ¼, BEHIND, SIDE, ½, ¼ SAILOR, ¾ SAILOR

&1&2 Step on ball of left beside right, cross/step right behind left, turn ¼ turn left stepping left

forward, turn ¼ turn left stepping right to right side dragging left (6:00)

3&4 Cross/step left behind right, step right to right side, turn ½ turn right stepping left to left

dragging right (12:00)

5&6 Cross/step right behind left, turn ½ turn right stepping left to left, replace weight to right (3:00)

7&8 Turning ¾ turn left cross/step left behind right, step right to right, replace weight to left (6:00)

OVER, SIDE, BEHIND, ¼ SWEEP, BEHIND, SIDE, CROSS, TOUCH SIDE, SWEEP BEHIND, SWEEP BEHIND, SAILOR STEP

1&2& Cross/step right over left, step left to left, cross/step right behind left, sweep left around into a

1/4 turn left (3:00)

3&4& Cross/step left behind right, step right to right, cross/step left over right, touch right toe to right

side

5-6 Sweep/step right to behind left, sweep/step left to behind right

7&8 Cross/step right behind left, step on ball of left to left, replace weight to right

BEHIND, REPLACE, SIDE, ½ HINGE, SIDE SHUFFLE, CROSS, ¼ TURN, BACK, COASTER

1&2 Cross/rock left behind right, replace weight to right, step left to left side

&3&4 Hinge turn ½ turn right stepping right to right, cross/shuffle, left over right, step right to right,

left over right (9:00)

5&6 Cross/step right over left, turn ½ turn right stepping back on left, step right back (12:00)

7&8 Step left back, step right beside left, step left forward

FORWARD, REPLACE, BESIDE, TOUCH BACK, ½ REVERSE PIVOT, 2 X SYNCOPATED PIVOTS, SAILOR STEP, BESIDE

1-2&3-4 Rock/step right forward, replace weight to left, step right beside left, touch left toe back,

reverse pivot turn ½ turn left (weight left)

&5&6 Step right forward, pivot turn ½ turn left, step right forward, pivot turn ½ turn left (6:00)

7&8 Cross/step right behind left, step on ball of left to left, replace weight to right

& Step on ball of left beside right

REPEAT

RESTART

On wall 3, dance to count 8 (you will be facing 12:00). Start again

TO FINISH

You will be on wall 7. Dance to count 27 and sweep around without the ¼ turn (you will be facing front) Dedicated to Lynny Wong who has looked after the soul of many a sailor!