

Space Cowboy

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 1
編舞者: Barry Durand (USA)
音樂: Space Cowboy - NSync



Space Cowboy feels like it ends at about 2:30, go ahead and fade out there

TWIST DROP CROSS POINT TURN

- 1 Step forward with left and raise up on balls of both feet
- 2 Lower by bending knees (drop heels) as you twist to the right
- 3 Twist to the left to return to center as you raise up on balls of feet
- 4 Settle onto left foot flat on
- 5 Point right toe to side
- 6 Cross and step on right in front of left
- 7 Point left toe to the side
- 8 Spin on right foot $\frac{1}{2}$ turn to the right and end by tapping the left foot next to the right (left knee bent)

Another acceptable way to do this is to take 2 quick steps in the turn on &7 with the left and right

POINT, SKATERS TURN, PADDLE TURN

- 1 Point the left toe out
- 2 Bring it in
- 3 Step to the left with the left foot turned $\frac{1}{4}$ turn to the left
- 4 Do a ronde $\frac{1}{2}$ turn to the left on the ball left foot (dragging the right toe in an arc along the floor as the turn is made)
- 5 Step forward on right foot (turn right foot out to the right to prep for the following turn)
- &6 Step the left foot forward, pivot $\frac{1}{2}$ turn to the right (weight on right foot)
- 7 Pivot $\frac{1}{2}$ turn on the right foot and step back with the left foot
- 8 Pivot $\frac{1}{2}$ turn on the left foot and step forward with the right foot

When you start the turn on count 3 you are facing the right wall. When you start the turn on 5 you are facing the left wall. By the time you have made 1 $\frac{1}{2}$ turns through &6-7-8 you will be facing the right wall.

FORWARD, BACK, FORWARD & SLIDE

- &1 Hop forward onto left, bring right to tap just behind left
- &2 Step back on right foot, tap left next to right
- &3 Hop forward onto left, bring right to tap just behind left
- 4 Step a large step back and turn $\frac{1}{4}$ to the left to face front
- 5-6 Step the left foot a large step to the left, drag the right foot to the left foot
- &7 Step right foot next to left, step left foot to left side
- 8 Tap right foot beside left

Twist your body $\frac{1}{8}$ turn to the left (to 10:30) for the next part so that the body rolls become slightly backward rather than straight sideways

BACK BODY ROLL SCOOTs TAP TURN

- 1-2 Touch the right toe to the right side (3:00), lean backwards (toward 4:30 since your body is facing 10:30) or body roll as you take full weight on the right foot
- & Step left next to right
- 3-4 Touch the right toe to the right side (3:00), lean backwards (toward 4:30 since your body is facing 10:30) or body roll as you take full weight on the right foot
- &5 Step left next to right, make another $\frac{1}{8}$ turn left so you are squarely facing 9:00 and tap the right foot straight back
- 6 Step forward on right foot
- 7 Bring left knee up and make a $\frac{1}{4}$ turn to the left on your right foot

8 Step down with your left foot as you make another ½ turn to the left to face the front again

SAILOR STEPS NORMAL OR SYNCOPATED

- 1 Side step to the right
- 2&3 Sailor step (cross behind with left, side right, in place left)
- 4&5 Sailor step (cross behind right, side left, in place right)
- 6&7 Sailor step (cross behind with left, side right, in place left)
- 8& Sailor step (cross behind right, side left)
- 1 Step forward with right foot

You can also double up the timing 1&2&3&4&5&6&7&8&1. Some of the song feels like you should only do the regular sailors mentioned in the 5th count of 8 and other times it feels like it should be syncopated. Syncopate in the chorus and regular time the verse

HIP WALKS FORWARD

- 2 Tap left toe forward while swinging left hip forward
- 3 Step down on left foot
- 4 Tap right toe forward while swinging right hip forward
- 5 Step down on right foot
- 6 Swing left hip forward and tap left foot
- 7 Big step back with left foot
- 8 Bring right back to normal standing position feet shoulders width apart

ROBOT

- 1 Bring right hand up, palm facing forward, arm bent at the elbow
- 2 Swivel on both feet ¼ to the right, keeping your upper body and arms locked in that position
- 3 Bend forward at the waist while bringing right hand back near your right hip and left hand forward bent at the elbow and turn your head to the left to look front
- 4 Hold
- 5 Bring left hand back letting the arm stay bent and although the arm stays in the same position it swings from the shoulder at the same time do the same thing with the right arm but it swings forward. At the same time move the head ¼ rotation to the right so that you look down and to the right wall
- 6 Bring left hand forward, right arm back, and look left (front wall)
- 7 Bring right hand forward, left arm back, look right
- 8 Bring right hand back, left arm forward, look left (front)

TRAVOLTA 2-STEP, SHOULDER TOUCH ARM CIRCLE

- 1& Kick left foot forward (toward 3:00), bring left together taking weight on the balls of both feet
- 2& Knee pop by quickly spreading feet apart to take weight on both feet, bring feet together taking weight on balls of both feet as you turn ¼ turn to the left (12:00)
- 3&4& Repeat the 1&2& (kick, together, apart, together) but without a ¼ turn
- 5& Touch left shoulder with right hand, touch right shoulder with right hand
- 6 With a rolling motion in the right wrist, bring right hand up, palm facing forward, arm bent at the elbow
- 7&8 With a rolling motion in the wrist, double roll your hand to the right as it comes down to your side

You can do a single roll if the double is too hard

REPEAT
